Boys Cross Country 1999-00

Roster	*Letterwinners						
Troy Gilmore	Senior	John O'Dell	Junior	Jeremy Rector	Sophomore	Bryce Chrsitensen	Freshman
Justin Reker	Senior	Jerome Remm	Junior	Mike Andreasen	Freshman	Jesse Collins	Freshman
Kris Tourek	Senior	John Morrison	Sophomore	Kyle Buss	Freshman	Matt Warren	Freshman
Brandon Buss	Junior						

Schedule and Placers							
Seward Invite	**5th**	Justin Reker	22nd	**Arlington Invite**	**3rd**	Justin Reker	8th
		Brandon Buss	29th			John Morrison	9th
		John Morrison	31st			Jerome Remm	14th
		Troy Gilmore	35th			Matt Warren	21st
		Jerome Remm	36th			Brandon Buss	23rd
		Matt Warren	37th			Troy Gilmore	24th
		Jeremy Rector	46th			Jeremy Rector	35th
Logan View Invite	**3rd**	John Morrison	9th	**Bennington Invite**	**8th**	Brandon Buss	29th
		Justin Reker	11th			Jerome Remm	36th
		Jerome Remm	12th			Matt Warren	39th
		Brandon Buss	21st			Jeremy Rector	44th
		Troy Gilmore	26th			Michael Andreasen	46th
		Matt Warren	29th				
Fort Calhoun Invite	**4th**	John Morrison	5th	**Aquinas Invite**	**9th**		
		Justin Reker	10th				
		Jerome Remm	14th				
		Matt Warren	32nd				
		Troy Gilmore	33rd				
		Brandon Buss	37th				
Conference	**Runner Up**	John Morrison	6th	**Districts**	**7th**	John Morrison	15th
		Jerome Remm	11th			Justin Reker	31st
		Justin Reker	12th			Jerome Remm	32nd
		Troy Gilmore	17th			Troy Gilmore	44th
		Kris Tourek	25th			Brandon Buss	46th
						Matt Warren	47th

Boys Cross Country 1998-99

Roster	*Letterwinners						
Jeremy Holtz	Senior	Justin Reker	Junior	Jerome Remm	Sophomore		
Jeff Jensen	Senior	Kris Tourek	Junior	John Morrison	Freshman		
Brian Monke	Senior	Brandon Buss	Sophomore	Jeremy Rector	Freshman		
Sam Cornstuble	Junior						
Schedule and Placers							
Seward Invite	**Runner Up**	Jeff Jensen	Runner Up	**Arlington Invite**	**Champion**	Jeff Jensen	3rd
		Justin Reker	5th			Justin Reker	8th
		Jeremy Holtz	10th			Jeremy Holtz	10th
		Brandon Buss	20th			Brandon Buss	16th
		John Morrison	27th			John Morrison	25th
		Jerome Remm	38th			Jerome Remm	26th
Bennington Invite	**4th**	Jeff Jensen	7th	**Fort Calhoun Invite**	**Runner Up**	Jeff Jensen	Runner Up
		Jeremy Holtz	20th			Jeremy Holtz	7th
		John Morrison	27th			Justin Reker	10th
		Brandon Buss	32nd			Brandon Buss	16th
		Jerome Remm	37th			Jerome Remm	28th
						Kris Tourek	29th
Aquinas Invite	**10th**	Jeff Jensen	10th	**Conference**	**3rd**	Jeff Jensen	3rd
		Justin Reker	40th			Jeremy Holtz	11th
		Jeremy Holtz	49th			Justin Reker	14th
		Brandon Buss	79th			Jerome Remm	20th
		Jerome Remm	89th			Kris Tourek	23rd
		Kris Tourek	105th			Jeremy Rector	26th
Districts	**5th**	Jeff Jensen	8th				
		Justin Reker	26th				
		Jeremy Holtz	29th				
		Jerome Remm	39th				
		Kris Tourek	42nd				
		Jeremy Rector	51st				
State		**Jeff Jensen**	**26th**				

Boys Cross Country 1997-98

Roster	*Letterwinners						
Andy Cornstuble	Senior	Russ Fuchs	Junior	Brian Monke	Junior	Justin Reker	Sophomore
Kyle Royuk	Senior	Jeremy Holtz	Junior	David Rhea	Junior	Brad Jordan	Freshman
Nick Russell	Senior	Jeff Jensen	Junior	Josh Worth	Junior	Kris Tourek	Freshman
Nick Schonlau	Senior						

Schedule and Placers							
Schuyler Invite	4th	Jeff Jensen	9th	**Arlington Invite**	**Champion**	Jeff Jensen	Champion
		Justin Reker	18th			Kyle Royuk	3rd
		Kyle Royuk	20th			Justin Reker	4th
		Jeremy Holtz	23rd			Jeremy Holtz	7th
		Russ Fuchs	25th			Russ Fuchs	9th
		Andy Cornstuble	43rd			Andy Cornstuble	11th
Bennington Invite	**5th**	Kyle Royuk	14th	**Fort Calhoun Invite**	**Runner Up**	Kyle Royuk	6th
		Russ Fuchs	21st			Jeff Jensen	10th
		Justin Reker	23rd			Justin Reker	14th
		Jeremy Holtz	26th			Jeremy Holtz	15th
		Andy Cornstuble	31st			Russ Fuchs	27th
		Nick Schonlau	43rd				
Aquinas Invite	**7th**	Jeff Jensen	18th	**Conference**	**Runner Up**	Jeff Jensen	4th
		Kyle Royuk	21st			Justin Reker	11th
		Jeremy Holtz	39th			Russ Fuchs	12th
		Russ Fuchs	46th			Jeremy Holtz	14th
		Justin Reker	60th			Andy Cornstuble	19th
		Andy Cornstuble	78th			Brad Jordan	30th
Districts	**5th**	Jeff Jensen	17th				
		Kyle Royuk	26th				
		Russ Fuchs	27th				
		Justin Reker	30th				
		Jeremy Holtz	35th				
		Andy Cornstuble	41st				

Boys Cross Country 1996-97

Roster	*Letterwinners						
Josh Ehrenberg	Senior	Nick Russell	Junior	Russ Fuchs	Sophomore	Brian Monke	Sophomore
Chad Morrison	Senior	Ben Scheer	Junior	Jeremy Holtz	Sophomore	David Rhea	Sophomore
Andy Cornstuble	Junior	Nick Schonlau	Junior	Jeff Jensen	Sophomore	Justin Reker	Freshman
Kyle Royuk	Junior	Rob Dolezal	Sophomore				
Schedule and Placers							
Bergan Invite	**Champion**	Jeff Jensen	3rd	**Arlington Invite**	**Champion**	Chad Morrison	Champion
		Chad Morrison	5th			Jeff Jensen	Runner Up
		Josh Ehrenberg	7th			Josh Ehrenberg	3rd
		Ben Scheer	9th			Kyle Royuk	5th
						Ben Scheer	6th
						Russ Fuchs	10th
Bennington Invite	**3rd**	Jeff Jensen	4th	**Fort Calhoun Invite**	**Champion**	Jeff Jensen	Champion
		Kyle Royuk	13th			Kyle Royuk	4th
		Ben Scheer	17th			Josh Ehrenberg	5th
		Russ Fuchs	22nd			Ben Scheer	8th
		Jeremy Holtz	24th			Russ Fuchs	11th
		Josh Ehrenberg	25th			Jeremy Holtz	16th
Aquinas Invite	**5th**	Kyle Royuk	17th	**Conference**	**Champion**	Kyle Royuk	4th
		Josh Ehrenberg	20th			Jeff Jensen	6th
		Russ Fuchs	29th			Josh Ehrenberg	7th
		Jeremy Holtz	38th			Ben Scheer	8th
						Russ Fuchs	10th
						Jeremy Holtz	12th
Districts	**5th**	Chad Morrison	13th				
		Kyle Royuk	17th				
		Ben Scheer	22nd				
		Josh Ehrenberg	27th				
		Jeff Jensen	30th				
		Russ Fuchs	36th				

Boys Cross Country 1995-96

Roster	*Letterwinners

Steve Russell	Senior	Andy Cornstuble	Sophomore	Russ Fuchs	Freshman	Brian Monke	Freshman
Josh Ehrenberg	Junior	Kyle Royuk	Sophomore	Jeremy Holtz	Freshman	David Rhea	Freshman
Chad Morrison	Junior	Ben Scheer	Sophomore	Jeff Jensen	Freshman	Josh Worth	Freshman
Schedule and Placers							
Arlington Invite	**Champion**	Chad Morrison	Champion	**Bergan Invite**	**Champion**	Chad Morrison	4th
		Steve Russell	Runner Up			Steve Russell	7th
		Jeff Jensen	5th			Josh Ehrenberg	9th
		Josh Ehrenberg	10th			Ben Scheer	10th
		Ben Scheer	12th			Jeff Jensen	11th
		Josh Worth	13th				
Bennington Invite	**3rd**	Chad Morrison	4th	**Fort Calhoun Invite**	**Champion**	Chad Morrison	Champion
		Steve Russell	14th			Steve Russell	4th
		Jeff Jensen	19th			Jeff Jensen	5th
		Josh Ehrenberg	20th			Kyle Royuk	6th
		Ben Scheer	21st			Josh Ehrenberg	10th
Aquinas Invite	**3rd**	Chad Morrison	9th	**Conference**	**Champion**	Chad Morrison	Runner Up
		Jeff Jensen	22nd			Jeff Jensen	4th
		Steve Russell	26th			Ben Scheer	5th
		Ben Scheer	29th			Kyle Royuk	6th
		Josh Ehrenberg	43rd			Steve Russell	8th
						Josh Ehrenberg	15th
Districts	**4th**	Chad Morrison	7th				
		Steve Russell	19th				
		Kyle Royuk	22nd				
		Jeff Jensen	24th				
		Ben Scheer	30th				
		Josh Ehrenberg	34th				
State		**Chad Morrison**	**7th**				

Boys Cross Country 1994-95

Roster	*Letterwinners						
Jason Holtz	Senior	Josh Ehrenberg	Sophomore	Kyle Royuk	Freshman		
J.P. Rhea	Senior	Chad Morrison	Sophomore	Ben Scheer	Freshman		

Steve Russell	Junior	Andy Cornstuble	Freshman				
Schedule and Placers							
Bergan	**3rd**	Chad Morrison	8th	**Fort Calhoun**	**Runner Up**	Chad Morrison	3rd
		Steve Russell	14th			Steve Russell	8th
		J.P. Rhea	15th			Josh Ehrenberg	10th
		Kyle Royuk	17th			J.P. Rhea	13th
		Josh Ehrenberg	19th			Kyle Royuk	14th
						Jason Holtz	21st
Bennington	**3rd**	Chad Morrison	9th	**Aquinas**	**7th**	Chad Morrison	15th
		Steve Russell	14th			J.P. Rhea	34th
		J.P. Rhea	15th			Josh Ehrenberg	36th
		Kyle Royuk	20th			Kyle Royuk	38th
		Josh Ehrenberg	22nd			Steve Russell	43rd
						Ben Scheer	51st
Conference	**Champion**	Chad Morrison	5th	**Districts**	**4th**	Chad Morrison	9th
		Steve Russell	6th			Kyle Royuk	23rd
		Kyle Royuk	8th			Steve Russell	24th
		Josh Ehrenberg	9th			Ben Scheer	28th
		J.P. Rhea	12th			J.P. Rhea	31st
		Ben Scheer	13th			Josh Ehrenberg	32nd
State		**Chad Morrison**	**50th**				

Boys Cross Country 1993-94

Roster	*Letterwinners						
Dan Christensen *	Senior	Justin Parr	Sophomore				
Ben Misfeldt *	Senior	Steve Russell *	Sophomore				
Jason Holtz	Junior	Josh Ehrenberg	Freshman				
J.P. Rhea *	Junior	Chad Morrison	Freshman				
Schedule and Placers							
Arlington Invite	**Runner Up**	Chad Morrison	7th	**Bergan Invite**	**4th**	Dan Christensen	Champion
		Ben Misfeldt	8th			Ben Misfeldt	20th
		Steve Russell	12th			J.P. Rhea	21st
		J.P. Rhea	13th			Steve Russell	23rd

		Jason Holtz	23rd			Chad Morrison	24th
		Justin Parr	27th				
Bennington Invite	**4th**	Dan Christensen	Runner Up	**North Bend Invite**	**12th**	Chad Morrison	36th
		Ben Misfeldt	17th			Steve Russell	37th
		J.P. Rhea	21st			J.P. Rhea	43rd
		Steve Russell	22nd			Ben Misfeldt	46th
		Chad Morrison	24th			Jason Holtz	85th
		Jason Holtz	35th				
Aquinas Invite	**11th**	Steve Russell	34th	**Conference**	**Champion**	Dan Christensen	Runner Up
		J.P. Rhea	44th			Ben Misfeldt	7th
		Chad Morrison	49th			Steve Russell	10th
		Ben Misfeldt	73rd			J.P. Rhea	11th
		Jason Holtz	87th			Chad Morrison	16th
						Jason Holtz	23rd
Districts	**3rd**	Dan Christensen	4th				
		Chad Morrison	14th				
		Ben Misfeldt	25th				
		J.P. Rhea	36th				
		Jason Holtz	55th				
State	**8th**	**Dan Christensen**	**6th**				
		Steve Russell	**44th**				
		Ben Misfeldt	**50th**				
		JP Rhea	**57th**				
		Chad Morrison	**66th**				
		Jeremy Holtz	**78th**				

Boys Cross Country 1992-93

Roster	*Letterwinners						
Tracy Dierks *	Senior	Ben Misfeldt *	Junior	Justin Parr	Freshman		
Eric Hartman *	Senior	Jason Holtz	Sophomore	Steve Russell *	Freshman		
Dan Christensen *	Junior	J.P. Rhea *	Sophomore				

Schedule and Placers							
Arlington Quad	**3rd**	Dan Christensen	Champion	**Bergan Invite**	**3rd**	Dan Christensen	5th
		Eric Hartman	5th			Eric Hartman	9th
		J.P. Rhea	8th			Tracy Dierks	13th
		Ben Misfeldt	11th			Ben Misfeldt	32nd
		Steve Russell	12th				
		Justin Parr	17th				
Bennington Invite	**3rd**	Dan Christensen	5th	**North Bend Invite**	**7th**	Dan Christensen	14th
		Eric Hartman	12th			Eric Hartman	28th
		Tracy Dierks	15th			Tracy Dierks	33rd
		J.P. Rhea	23rd			J.P. Rhea	50th
Aquinas Invite	**6th**	Dan Christensen	15th	**Conference**	**3rd**	Dan Christensen	3rd
		Eric Hartman	25th			Eric Hartman	8th
		Tracy Dierks	27th			Tracy Dierks	14th
		J.P. Rhea	46th			J.P. Rhea	15th
						Ben Misfeldt	25th
						Steve Russell	28th
Districts	**3rd**	Dan Christensen	4th				
		Eric Hartman	8th				
		Tracy Dierks	16th				
		J.P. Rhea	21st				
		Ben Misfeldt	39th				
		Steve Russell	44th				
State	**7th**	**Dan Christensen**	**4th**				
		Eric Hartman	**28th**				
		Tracy Dierks	**43rd**				
		J.P. Rhea	**63rd**				
		Ben Misfeldt	**71st**				
		Steve Russell	**80th**				

Boys Cross Country 1991-92

Roster	*Letterwinners		
John Christensen *	Senior	Dan Christensen *	Sophomore
Shane Dwyer *	Senior	Ben Misfeldt	Sophomore

Tracy Dierks *	Junior	Jason Holtz	Freshman				
Eric Hartman *	Junior	J.P. Rhea *	Freshman				
Schedule and Placers							
Bergan Invite	**Runner Up**	John Christensen	Runner Up	**Blair/Fremont Tri**	**Runner Up**		
		Shane Dwyer	3rd				
		Eric Hartman	16th				
		Dan Christensen	17th				
Blair Invite	**4th**	Shane Dwyer	16th	**North Bend Invite**	**3rd**	John Christensen	7th
		John Christensen	17th			Eric Hartman	18th
		Eric Hartman	19th			Shane Dwyer	20th
		Dan Christensen	25th			Dan Christensen	25th
Aquinas Invite	**3rd**	John Christensen	5th	**Conference**	**Runner Up**	John Christensen	2nd
		Eric Hartman	16th			Shane Dwyer	5th
		Shane Dwyer	17th			Eric Hartman	9th
		Dan Christensen	43rd			Tracy Dierks	18th
						Dan Christensen	19th
						J.P. Rhea	21st
Districts	**Runner Up**	John Christensen	2nd				
		Shane Dwyer	10th				
		Eric Hartman	15th				
		Dan Christensen	16th				
		Tracy Dierks	23rd				
		J.P. Rhea	34th				
State	**8th**	**John Christensen**	**11th**				
		Shane Dwyer	**34th**				
		Eric Hartman	**54th**				
		Dan Christensen	**56th**				
		Tracy Dierks	**67th**				
		J.P. Rhea	**77th**				

Boys Cross Country 1990-91

Roster	*Letterwinners						
David Gnuse	Senior	Shane Dwyer	Junior	Steve Ortmeier	Sophomore		

Troy Gunderson	Senior	Bruce Larsen	Junior	Dan Thompson	Sophomore		
Scott Herrmann	Senior	Dustin Wolfe	Junior	Dan Christensen	Freshman		
John Christensen	Junior	Eric Hartman	Sophomore	Ben Misfeldt	Freshman		
Schedule and Placers							
Blair/Gretna Tri	**Champion**	John Christensen	Champion	**Bergan Invite**	**Champion**	Bruce Larsen	Champion
		Bruce Larsen	Runner Up			John Christensen	3rd
		Shane Dwyer	3rd			Troy Gunderson	5th
		Troy Gunderson	5th			Shane Dwyer	6th
		Dustin Wolfe	8th			Dustin Wolfe	20th
Blair Invite	**Champion**	John Christensen	Champion	**North Bend Invite**	**Champion**	Bruce Larsen	4th
		Bruce Larsen	6th			John Christensen	5th
		Troy Gunderson	10th			Troy Gunderson	9th
		Shane Dwyer	11th			Eric Hartman	29th
		Eric Hartman	12th			Dustin Wolfe	38th
Aquinas Invite	**Champion**	Bruce Larsen	6th	**Conference**	**Champion**	Bruce Larsen	Champion
		John Christensen	9th			John Christensen	3rd
		Troy Gunderson	10th			Troy Gunderson	4th
		Shane Dwyer	20th			Shane Dwyer	5th
		Eric Hartman	41st			Eric Hartman	8th
		Dustin Wolfe	66th			Dan Thompson	24th
Conference	**Champion**	Bruce Larsen	Champion	**Districts**	**Champion**	Bruce Larsen	Champion
		John Christensen	3rd			Troy Gunderson	6th
		Troy Gunderson	4th			Shane Dwyer	8th
		Shane Dwyer	5th			John Christensen	9th
		Eric Hartman	8th			Eric Hartman	16th
		Dan Thompson	24th			David Gnuse	28th
State	**7th**	**Bruce Larsen**	**16th**				
		John Christensen	**20th**				
		Shane Dwyer	**29th**				
		Eric Hartman	**77th**				
		Dave Gnuse	**78th**				
		Troy Gunderson	**DNF**				