

Boys Track 1989-90

Roster

*Letterwinners

Clint Brown *	Senior	Chris Ortmeier *	Junior	Dwaine Hummel	Sophomore	Jason Rosenbaum *	Sophomore
Chris Hilgenkamp *	Senior	Matt Royuk *	Junior	Bruce Larsen *	Sophomore	Corey Stork *	Sophomore
Matt Hilgenkamp *	Senior	Todd Anderson	Sophomore	Matt Pittman	Sophomore	Brad Warner *	Sophomore
Jamie Anderson *	Junior	Matt Bauermeister *	Sophomore	Shane Martin *	Sophomore	Dustin Wolfe *	Sophomore
Troy Gunderson *	Junior	John Christensen *	Sophomore	Nate Plugge *	Sophomore	Jason Arp	Freshman
Scott Herrmann	Junior	Gabe DiGiorgio *	Sophomore	Neil Plugge *	Sophomore	Jamie Bengston	Freshman
Jamie Hesman *	Junior	Shane Dwyer *	Sophomore	Charlie Raymond	Sophomore	Eric Hartman *	Freshman
Corey Metschke *	Junior	Troy Hansen *	Sophomore	Ray Raymond	Sophomore	Dan Thompson	Freshman

Schedule and Placers

Boys Town Indoor

9th

Bergan Indoor

Runner Up

Corey Metschke	Pole Vault	4th	Chris Ortmeier	60 meters	Runner Up
Shane Martin	Pole Vault	6th		High Jump	Champion
Chris Ortmeier	High Jump	4th	Nate Plugge	60 meters	4th
Clint Brown	220 yards	5th	Clint Brown	400 meters	Champion
	440 yards	4th		300 meters	Champion
Troy Hansen	Two Mile	5th	Brad Warner	800 meters	Runner Up
Bruce Larsen	One Mile	4th	Bruce Larsen	1600 meters	3rd
			Troy Gunderson	1600 meters	6th
			Troy Hansen	3200 meters	Champion
			Shane Dwyer	3200 meters	Runner Up
			Eric Hartman	3200 meters	4th
			Nate Plugge	300 meters	5th
			Matt Hilgenkamp	Shot Put	5th
			Dustin Wolfe	High Jump	5th
			Corey Metschke	Pole Vault	3rd
			Shane Martin	Pole Vault	5th
			Matt Royuk	Long Jump	Champion
				Triple Jump	Champion
				300 meters	6th
			Neil Plugge	Long Jump	6th
				1600 Relay	Runner Up
				3200 Relay	Runner Up

Gretna Invite

3rd

Logan View Invite

Champion

Clint Brown	100 meters	3rd	Clint Brown	100 meters	4th
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	200 meters	4th			200 meters	4th	
	400 meters	Runner Up			400 meters	Champion	
Brad Warner	800 meters	4th		Brad Warner	800 meters	3rd	
Bruce Larsen	1600 meters	4th		Bruce Larsen	1600 meters	Champion	
John Christensen	1600 meters	5th		John Christensen	1600 meters	Runner Up	
Jason Rosenbaum	Shot Put	4th		Troy Gunderson	1600 meters	4th	
	Discus	3rd		Troy Hansen	3200 meters	3rd	
Chris Hilgenkamp	Shot Put	6th		Shane Dwyer	3200 meters	4th	
Matt Hilgenkamp	Discus	Champion		Matt Hilgenkamp	Discus	Champion	
Chris Ortmeier	High Jump	5th tie		Jamie Anderson	Discus	6th	
	Triple Jump	4th		Chris Ortmeier	High Jump	3rd	
Corey Metschke	Pole Vault	Champion			Triple Jump	3rd	
Shane Martin	Pole Vault	5th		Corey Metschke	Pole Vault	Champion	
Matt Royuk	Long Jump	6th		Shane Martin	Pole Vault	3rd	
	400 Relay	4th		Matt Royuk	Long Jump	5th	
	1600 Relay	5th			Triple Jump	4th	
	3200 Relay	5th			400 Relay	4th	
					3200 Relay	Runner Up	
Bennington Invite	5th			Arlington Invite	Runner Up		
Clint Brown	100 meters	5th		Jason Rosenbaum	Shot Put	5th	
	400 meters	3rd		Jamie Anderson	Discus	6th	
Bruce Larsen	1600 meters	3rd		Matt Hilgenkamp	Shot Put	6th	
John Christensen	1600 meters	4th			Discus	Champion	
Troy Hansen	3200 meters	5th		Matt Royuk	Long Jump	3rd	
Shane Dwyer	3200 meters	6th		Chris Ortmeier	Long Jump	4th	
Matt Hilgenkamp	Discus	Runner Up			High Jump	Runner Up	
	400 Relay	6th			Triple Jump	Runner Up	
				Corey Metschke	Pole Vault	Runner Up	
				Clint Brown	400 meters	Champion	
					100 meters	3rd	
					200 meters	Runner Up	
				Bruce Larsen	3200 meters	Runner Up	
					1600 meters	4th	
				Troy Gunderson	1600 meters	5th	
				Troy Hansen	3200 meters	5th	
				Dustin Wolfe	110 Hurdles	6th	
				John Christensen	1600 meters	3rd	
					400 Relay	3rd	
					1600 Relay	4th	
					3200 Relay	5th	

Conference	Runner Up			Districts	Runner Up		
Matt Royuk	Long Jump	3rd		Matt Royuk	Long Jump	3rd	
	Triple Jump	4th			Triple Jump	Runner Up	
Chris Ortmeier	Long Jump	5th		Chris Ortmeier	Long Jump	4th	
	High Jump	3rd			High Jump	Runner Up	
	Triple Jump	5th			Triple Jump	Champion	
Jason Rosenbaum	Shot Put	4th		Jason Rosenbaum	Shot Put		
Chris Hilgenkamp	Shot Put	5th		Chris Hilgenkamp	Shot Put		
	Discus	3rd			Discus		
Matt Hilgenkamp	Discus	Champion		Matt Hilgenkamp	Discus	3rd	
Jamie Anderson	Discus	Runner Up		Shane Martin	Pole Vault	6th	
Clint Brown	400 meters	Champion		Clint Brown	400 meters	Champion	
	100 meters	Runner Up			100 meters	Runner Up	
	200 meters	Champion			200 meters	Runner Up	
Bruce Larsen	3200 meters	Champion		Bruce Larsen	3200 meters	Runner Up	
	1600 meters	5th		Corey Metschke	Pole Vault	4th	
Shane Dwyer	3200 meters	6th		Shane Dwyer	3200 meters	4th	
Corey Metschke	Pole Vault	Runner Up		Brad Warner	800 meters	6th	
Shane Martin	Pole Vault	4th		Nate Plugge	200 meters	5th	
Gabe DiGiorgio	110 Hurdles	5th		Gabe DiGiorgio	110 Hurdles	5th	
John Christensen	1600 meters	Runner Up		John Christensen	1600 meters	Runner Up	
	1600 Relay	5th			400 Relay	3rd	
State	9th	16 points					
Clint Brown	100 meters	4th					
	200 meters	5th					
	400 meters	3rd					
John Christensen	1600 meters	DNP					
Bruce Larsen	3200 meters	DNP					
Matt Royuk	Triple Jump	DNP					
Chris Ortmeier	Triple Jump	DNP					
	High Jump	DNP					
Matt Hilgenkamp	Discus	4th					
Boys Track 1988-89							
Roster	*Letterwinners						

Dana Anderson *	Senior	Jamie Anderson *	Sophomore	Gabe DiGiorgio	Freshman	Jeff Olson	Freshman
Troy Meyer *	Senior	Scott Herrmann	Sophomore	Shane Dwyer *	Freshman	Nate Plugge *	Freshman
Steve Thompson *	Senior	Corey Metschke *	Sophomore	Troy Hansen *	Freshman	Neil Plugge *	Freshman
Steve Turner *	Senior	Matt Royuk *	Sophomore	James Kruger	Freshman	Jason Rosenbaum	Freshman
Clint Brown *	Junior	Adam Schafersman *	Sophomore	Bruce Larsen *	Freshman	Corey Stork *	Freshman
Kenny Cahoon	Junior	Todd Anderson	Freshman	John Maaske *	Freshman	Brad Warner *	Freshman
Chris Hilgenkamp *	Junior	John Christensen *	Freshman	Shane Martin *	Freshman	Dustin Wolfe	Freshman
Matt Hilgenkamp *	Junior						

Schedule and Placers

Boys Town Indoor

15th

Bergan Indoor

3rd

Clint Brown	440 yards	Champion
	300 yards	3rd
Steve Thompson	Shot Put	Champion
Adam Schafersman	Long Jump	6th
Steve Turner	High Jump	4th
	60 Hurdles Highs	5th
	60 Hurdles Intermediate	4th tie
Corey Metschke	Pole Vault	3rd
Nate Plugge	60 yards	6th
Bruce Larson	Mile	3rd
John Christensen	Mile	5th
John Maaske	440 yard	5th
Troy Hansen	Two mile	3rd
Dana Anderson	Two mile	6th
	Mile Relay	Runner Up

Gretna Invite

4th

Logan View Invite

Champion

Clint Brown	100 meters	Champion	Steve Turner	110 Hurdles	5th
	200 meters	4th		300 Hurdles	4th
	400 meters	3rd		High Jump	Champion
Brad Warner	800 meters	6th	Clint Brown	100 meters	Runner Up
Bruce Larsen	1600 meters	5th		200 meters	Runner Up
Steve Thompson	Shot Put	Champion		400 meters	Champion
	Discus	3rd	John Maaske	800 meters	4th
Chris Hilgenkamp	Shot Put	5th	Brad Warner	800 meters	6th
Matt Hilgenkamp	Discus	4th	Bruce Larsen	1600 meters	Runner Up
Steve Turner	High Jump	Runner Up	Dana Anderson	1600 meters	5th
Shane Martin	Pole Vault	3rd	John Christensen	1600 meters	6th
Matt Royuk	Long Jump	4th	Shane Dwyer	3200 meters	6th
			Steve Thompson	Shot Put	Champion

					Discus	Champion	
				Chris Hilgenkamp	Shot Put	3rd	
				Matt Hilgenkamp	Discus	Runner Up	
				Corey Metschke	Pole Vault	Runner Up	
				Shane Martin	Pole Vault	6th	
				Matt Royuk	Long Jump	Runner Up	
					Triple Jump	3rd	
				Adam Schafersman	Long Jump	6th	
					400 Relay	4th	
					1600 Relay	6th	
					3200 Relay	Runner Up	
Bennington Invite	7th			Arlington Invite	Runner Up		
Clint Brown	100 meters	Runner Up		Steve Turner	110 Hurdles	4th	
	200 meters	5th			High Jump	3rd	
Steve Thompson	Discus	5th		Bruce Larsen	1600 meters	4th	
Steve Turner	High Jump	3rd			3200 meters	Runner Up	
Corey Metschke	Pole Vault	Champion		Clint Brown	100 meters	3rd	
Shane Martin	Pole Vault	5th			200 meters	Runner Up	
	400 Relay	4th			400 meters	Runner Up	
				Nate Plugge	200 meters	6th	
				Corey Metschke	Pole Vault	3rd	
				Shane Martin	Pole Vault	6th	
				Steve Thompson	Shot Put	Champion	
					Discus	3rd	
				Matt Hilgenkamp	Discus	Champion	
				Matt Royuk	Long Jump	6th	
					400 Relay	3rd	
					1600 Relay	3rd	
					3200 Relay	3rd	
Conference	3rd			Districts	4th		
Steve Turner	110 Hurdles	3rd		Steve Thompson	Shot Put	Champion	
	300 Hurdles	6th			Discus	Champion	
	High Jump	5th		Matt Hilgenkamp	Discus	Runner Up	
John Christensen	1600 meters	5th		Clint Brown	100 meters	3rd	
Bruce Larsen	3200 meters	3rd			200 meters	5th	
Clint Brown	100 meters	3rd			400 meters	5th	
	200 meters	3rd		Dana Anderson	1600 meters	4th	
	400 meters	Runner Up		Bruce Larsen	3200 meters	Runner Up	
Corey Metschke	Pole Vault	4th		Steve Turner	300 Hurdles	5th	

Shane Martin	Pole Vault	5th			High Jump	5th	
Steve Thompson	Shot Put	Champion		Corey Metschke	Pole Vault	5th	
	Discus	Champion		Shane Martin	Pole Vault	6th	
Chris Hilgenkamp	Shot Put	6th			400 Relay	6th	
Brad Warner	800 meters	6th			3200 Relay	5th	
Matt Hilgenkamp	Discus	Runner Up					
	400 Relay	6th					
	3200 Relay	6th					
State	NTS	0 points					
Clint Brown	100 meters	DNP					
Dana Anderson	1600 meters	DNP					
Bruce Larsen	3200 meters	DNP					
Steve Thompson	Shot Put	DNP					
	Discus	DNP					
Matt Hilgenkamp	Discus	DNP					

Boys Track 1987-88							
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Roster	*Letterwinners						
David Barger *	Senior	Mike Turner *	Senior	Clint Brown *	Sophomore	Scott Herrmann *	Freshman
Jim Boothe *	Senior	Dana Anderson *	Junior	Tim Fink *	Sophomore	Corey Metschke *	Freshman
Mike Grefe *	Senior	Scott Baker *	Junior	Chris Hilgenkamp *	Sophomore	Chris Ortmeier *	Freshman
Ray Mather *	Senior	Eric Rosenbaum	Junior	Matt Hilgenkamp *	Sophomore	Matt Royuk *	Freshman
Bruce Scheer *	Senior	Steve Thompson *	Junior	Aaron Ruwe *	Sophomore	Adam Schafersman	Freshman
Pat Thompson *	Senior	Steve Turner *	Junior	Jamie Anderson	Freshman		

Schedule and Placers							
Bergan Invite	3rd			Valley Invite	Runner Up		
Steve Thompson	Shot Put	Champion		Jim Boothe	400 meters	Champion	
	Discus	Champion			800 meters	6th	
Clint Brown	200 meters	Runner Up		Steve Thompson	Discus	Champion	
	400 meters	4th			Shot Put	Champion	
Steve Turner	High Jump	Runner Up		Scott Baker	110 Hurdles	Champion	
	300 Hurdles	5th			300 Hurdles	5th	
Jim Boothe	400 meters	Runner Up		Steve Turner	110 Hurdles	3rd	
	800 meters	5th			300 Hurdles	Champion	
Chris Ortmeier	High Jump	5th			High Jump	3rd	

Jim Boothe	800 meters	Champion		Mike Turner	Pole Vault	3rd	
	400 meters	3rd		Corey Metschke	Pole Vault	6th	
Mike Grefe	1600 meters	Champion		Chris Ortmeier	High Jump	Runner Up	
Clint Brown	400 meters	Champion		Scott Baker	110 Hurdles	4th	
	200 meters	4th		Steve Turner	110 Hurdles	5th	
Scott Baker	110 Hurdles	3rd			300 Hurdles	6th	
Steve Turner	110 Hurdles	4th		Mike Grefe	1600 meters	5th	
	300 Hurdles	3rd		Pat Thompson	3200 meters	5th	
Aaron Ruwe	800 meters	5th		Dana Anderson	3200 meters	6th	
Bruce Scheer	300 Hurdles	5th		Clint Brown	200 meters	5th	
Pat Thompson	3200 meters	3rd			400 meters	4th	
Dana Anderson	3200 meters	5th		Matt Hilgenkamp	Discus	3rd	
Matt Hilgenkamp	Discus	3rd		David Barger	Triple Jump	6th	
Chris Ortmeier	High Jump	3rd			400 Relay	4th	
David Barger	Long Jump	6th			1600 Relay	6th	
	Triple Jump	4th			3200 Relay	5th	
Matt Royuk	Long Jump	5th					
	Triple Jump	5th					
	400 Relay	3rd					
	1600 Relay	Runner Up					
	3200 Relay	Champion					
Districts	7th						
Ray Mather	Pole Vault	Runner Up					
Mike Turner	Pole Vault	4th					
Steve Thompson	Shot Put	Champion					
	Discus	Champion					
Pat Thompson	3200 meters	5th					
Chris Ortmeier	High Jump	5th					
	400 Relay	5th					
State	35th tie	2 points					
Ray Mather	Pole Vault	DNP					
Steve Thompson	Shot Put	5th					
	Discus	DNP					
Boys Track 1986-87							
Roster	*Letterwinners						

Randy Higgins *	Senior	Tor Holden *	Junior	Troy Meyer *	Sophomore	Russ Cook	Freshman
Randy McDowell *	Senior	Ray Mather *	Junior	Eric Rosenbaum	Sophomore	Tim Fink	Freshman
Bill Rhea *	Senior	Bruce Scheer *	Junior	Chuck Stodola *	Sophomore	Chris Hilgenkamp	Freshman
Chad Stork *	Senior	Pat Thompson *	Junior	Steve Thompson *	Sophomore	Matt Hilgenkamp	Freshman
David Barger *	Junior	Mike Turner *	Junior	Steve Turner *	Sophomore	Clint Pearson	Freshman
Jim Boothe *	Junior	Dana Anderson *	Sophomore	Brent Bengston	Freshman	Aaron Ruwe *	Freshman
Mike Grefe *	Junior	Scott Baker *	Sophomore	Clint Brown *	Freshman	Billy Steavenson	Freshman
Merle Harper	Junior	Chris Burbach	Sophomore	Kenny Cahoon	Freshman	Joe Walkenhorst	Freshman
Rick Hilgenkamp	Junior	Troy Knoell *	Sophomore				

Schedule and Placers							
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Bergan Indoor	3rd			Fort Calhoun Invite	3rd		
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Chuck Stodola	High Jump	Champion		Chuck Stodola	High Jump	Runner Up	
	Triple Jump	4th			Triple Jump	Runner Up	
	440 yards	6th		Ray Mather	Pole Vault	Runner Up	
Mike Grefe	880 yards	6th		Randy McDowell	1600 meters	Runner Up	
Bruce Scheer	60 yards	6th			3200 meters	3rd	
Steve Turner	High Jump	6th		Pat Thompson	1600 meters	4th	
Pat Thompson	Two Mile	Champion			3200 meters	4th	
Dana Anderson	Two Mile	5th		Clint Brown	400 meters	4th	
Dave Barger	Long Jump	Runner Up		Mike Turner	Pole Vault	4th	
	Triple Jump	3rd		Steve Thompson	Shot Put	4th	
	300 yards	6th			Discus	4th	
Tim Fink	Triple Jump	6th		Merle Harper	Discus	6th	
Ray Mather	Pole Vault	Runner Up		Dave Barger	Triple Jump	6th	
Mike Turner	Pole Vault	6th			400 Relay	5th	
Randy McDowell	Mile	Runner Up					
Merle Harper	Shot Put	5th					
Scott Baker	60 Low Hurdles	6th					
	60 High Hurdles	5th					
	Mile Relay	Runner Up					
	Two Mile Relay	3rd					

Gretna Invite	8th			Logan View Invite	3rd		
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Mike Turner	Pole Vault	Runner Up		Randy McDowell	1600 meters	Champion	
Randy McDowell	3200 meters	3rd		Troy Meyer	1600 meters	5th	
Pat Thompson	3200 meters	6th		Steve Thompson	Discus	Runner Up	
	400 Relay	6th			Shot Put	3rd	
				Merle Harper	Discus	4th	
					Shot Put	5th	
				Mike Grefe	800 meters	Runner Up	

				Jim Boothe	800 meters	3rd	
				Pat Thompson	3200 meters	3rd	
				Ray Mather	Pole Vault	3rd	
				Mike Turner	Pole Vault	5th	
				Chuck Stodola	High Jump	6th	
				Scott Baker	110 Hurdles	6th	
					400 Relay	4th	
					1600 Relay	6th	
					3200 Relay	Champion	
Bennington Invite	9th			Conference	3rd		
Steve Thompson	Shot Put	3rd		Steve Thompson	Shot Put	Champion	
	Discus	5th			Discus	Runner Up	
Ray Mather	Pole Vault	3rd		Randy McDowell	1600 meters	3rd	
Mike Turner	Pole Vault	5th			3200 meters	Runner Up	
Chuck Stodola	High Jump	5th		Pat Thompson	1600 meters	4th	
Randy McDowell	1600 meters	6th			3200 meters	4th	
	3200 Relay	5th		Chuck Stodola	High Jump	Runner Up	
					Triple Jump	5th	
				Ray Mather	Pole Vault	3rd	
				Mike Turner	Pole Vault	6th	
				Tor Holden	100 meters	6th	
				Jim Boothe	800 meters	4th	
				Scott Baker	110 Hurdles	5th	
					400 Relay	3rd	
					1600 Relay	5th	
					3200 Relay	3rd	
Districts	7th						
Randy McDowell	1600 meters	Runner Up					
Ray Mather	Pole Vault	3rd					
Steve Thompson	Shot Put	5th					
	Discus	4th					
Chuck Stodola	High Jump	6th					
Mike Turner	Pole Vault	6th					
	1600 Relay	5th					
State	NTS	0 points					
Randy McDowell	1600 meters	DNP					
Ray Mather	Pole Vault	DNP					

Boys Track 1985-86

Roster

*Letterwinners

Troy Brainard	Senior	Randy Higgins	Junior	Ray Mather	Sophomore	Troy Knoell	Freshman
Lonnie Graver	Senior	Randy McDowell	Junior	Mark Metzler	Sophomore	Greg Koley	Freshman
Mark Grefe	Senior	Bill Rhea	Junior	Bruce Scheer	Sophomore	Troy Meyer	Freshman
Brian Greunke	Senior	Chad Stork	Junior	Mike Sibbensen	Sophomore	Eric Rosenbaum	Freshman
Pat Mullins	Senior	David Barger	Sophomore	Pat Thompson	Sophomore	Chuck Stodola	Freshman
Lowell Schlenker	Senior	Jay Hamre	Sophomore	Mike Turner	Sophomore	Steve Thompson	Freshman
Tim Vie	Senior	Merle Harper	Sophomore	Scott Baker	Freshman	Steve Turner	Freshman
Paul Gosker	Junior	Paul Krause	Sophomore	Chris Burbach	Freshman		

Schedule and Placers

Bergan Indoor

3rd

Fort Calhoun Invite

Champion

Merle Harper	Shot Put	6th	Chuck Stodola	High Jump	Champion
Ray Mather	Pole Vault	3rd	Mark Grefe	400 meters	Champion
Brian Greunke	60 High Hurdles	Runner Up	Brian Greunke	110 Hurdles	Champion
	60 Low Hurdles	Runner Up		300 Hurdles	Champion
Troy Brainard	60 yards	Runner Up	Troy Brainard	100 meters	Champion
Todd Timm	60 yards	5th	Randy McDowell	200 meters	Champion
	300 yards	5th		1600 meters	Champion
Randy McDowell	Mile	3rd		1600 Relay	Champion
Mark Grefe	440 yards	Champion			
Lowell Schlenker	440 yards	3rd			
Lonnie Graver	880 yards	Runner Up			
Mike Sibbensen	2 mile	4th			
	Mile Relay	Champion			
	2 Mile Relay	3rd			

Gretna Invite

5th

Logan View Invite

Champion

Ray Mather	Pole Vault	5th	Tim Vie	Discus	4th
Brian Greunke	110 Hurdles	3rd	Merle Harper	Shot Put	Champion
	300 Hurdles	5th		Discus	5th
Troy Brainard	100 meters	Runner Up	Chuck Stodola	High Jump	Runner Up
	200 meters	Runner Up		Ray Mather	Pole Vault
Lowell Schlenker	200 meters	5th	Mark Grefe	400 meters	Runner Up
Mark Grefe	400 meters	3rd		800 meters	Champion

	800 meters	Runner Up		Lonnie Graver	3200 meters	3rd	
Randy McDowell	1600 meters	6th			1600 meters	Champion	
Lonnie Graver	3200 meters	3rd		Pat Thompson	3200 meters	4th	
Tim Vie	Shot Put	6th		Brian Greunke	110 Hurdles	Champion	
	Discus	3rd			300 Hurdles	Champion	
	1600 Relay	3rd		Mike Sibbersen	800 meters	4th	
				Randy McDowell	1600 meters	Runner Up	
				Troy Meyer	1600 meters	6th	
					400 Relay	4th	
					1600 Relay	Runner Up	
	3200 Relay	5th			3200 Relay	Champion	
Bennington Invite	4th			Conference	Champion		
Tim Vie	Discus	3rd		Ray Mather	Pole Vault	6th	
	Shot Put	Runner Up		Tim Vie	Shot Put	Runner Up	
Ray Mather	Pole Vault	5th		Steve Thompson	Discus	6th	
Lonnie Graver	3200 meters	6th		Chuck Stodola	High Jump	Runner Up	
	1600 meters	4th		Mark Metzler	High Jump	5th	
Mark Grefe	400 meters	3rd		David Barger	Triple Jump	6th	
	800 meters	3rd		Brian Greunke	110 Hurdles	Champion	
Lowell Schlenker	100 meters	5th			300 Hurdles	Champion	
	200 meters	5th		Troy Brainard	100 meters	Runner Up	
Brian Greunke	110 Hurdles	Runner Up			200 meters	Runner Up	
	300 Hurdles	4th		Lowell Schlenker	100 meters	6th	
	1600 Relay	Runner Up			400 meters	4th	
					200 meters	3rd	
				Mark Grefe	400 meters	Champion	
					800 meters	Runner Up	
				Lonnie Graver	3200 meters	Runner Up	
					1600 meters	3rd	
				Randy McDowell	1600 meters	Runner Up	
				Mike Sibbersen	3200 meters	3rd	
					400 Relay	3rd	
					1600 Relay	Runner Up	
					3200 Relay	Runner Up	
Districts	3rd						
Chuck Stodola	High Jump	6th tie					
Mark Grefe	400 meters	4th					
	800 meters	Champion					
Mike Sibbersen	3200 meters	6th					

Tim Vie	Shot Put	6th					
Brian Greunke	110 Hurdles	3rd					
	300 Hurdles	4th					
Troy Brainard	100 meters	Runner Up					
	200 meters	3rd					
Lowell Schlenker	100 meters	5th					
Lonnie Graver	1600 meters	Runner Up					
	800 meters	Runner Up					
Randy McDowell	1600 meters	4th					
	1600 Relay	Runner Up					
	3200 Relay	Champion					
State	26th	7 points					
Troy Brainard	100 meters	DNP					
	200 meters	DNP					
Mark Grefe	800 meters	3rd					
Lonnie Graver	800 meters	DNP					
	1600 meters	DNP					
Brian Greunke	110 Hurdles	DNP					
	1600 Relay	6th					
	3200 Relay	DNP					

Boys Track 1984-85							
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Roster	*Letterwinners						
Todd Adelgren *	Senior	Mark Grefe *	Junior	Clint Clausen	Sophomore	David Barger	Freshman
Brad Grefe *	Senior	Brian Greunke *	Junior	John Gard *	Sophomore	Jim Boothe	Freshman
Rick Hilgenkamp *	Senior	Danny Ludwig	Junior	Michael Gnuse	Sophomore	Merle Harper	Freshman
Phil Mentzer *	Senior	Pat Mullins *	Junior	Randy McDowell *	Sophomore	Ray Mather *	Freshman
Kelly Satter *	Senior	Lowell Schlenker *	Junior	Bill Rhea *	Sophomore	Bruce Scheer	Freshman
Troy Brainard *	Junior	Todd Timm *	Junior	Chad Stork	Sophomore	Mike Sibbersen *	Freshman
Lonnie Graver *	Junior	Tim Vie *	Junior	Lance Swanson *	Sophomore	Pat Thompson	Freshman

Schedule and Placers							
Bergan Indoor	3rd			North Bend Invite	4th		
Todd Adelgren	Shot Put	Champion		Todd Adelgren	Shot Put	Champion	
Mark Grefe	440 yards	Champion			Discus	4th	
Phil Mentzer	Triple Jump	3rd		Erik Higenkamp	Shot Put	4th	

	Long Jump	4th		Mark Grefe	400 meters	Runner Up	
	60 yards	5th			800 meters	4th	
Ricky Hilgenkamp	Shot Put	5th		Lance Swanson	3rd		
	60 High Hurdles	6th		Lonnie Graver	3200 meters	3rd	
	60 Low Hurdles	6th			1600 meters	5th	
Brian Greunke	60 High Hurdles	Runner Up		Brad Grefe	3200 meters	6th	
	60 Low Hurdles	Runner Up		Brian Greunke	110 Hurdles	5th	
Troy Brainard	300 yards	3rd			300 Hurdles	5th	
Lowell Schlenker	440 yards	4th		Phil Mentzer	Triple Jump	5th	
Lance Swanson	300 yards	5th			Long Jump	6th	
Kelly Satter	880 yards	5th			1600 Relay	3rd	
Lonnie Graver	Mile	5th			3200 Relay	4th	
Mike Sibbersen	Two Mile	5th					
Tim Vie	Shot Put	6th					
Todd Timm	60 yards	6th					
Brad Grefe	Mile	6th					
		Runner Up					
		Runner Up					
Fort Calhoun Invite	Champion			Yutan Invite	Champion		
Phil Mentzer	Long Jump	5th		Ray Mather	Pole Vault	5th	
	Triple Jump	3rd		Todd Adelgren	Discus	Runner Up	
Todd Adelgren	Discus	Champion			Shot Put	Champion	
	Shot Put	Champion		Phil Menter	Triple Jump	Champion	
Eric Hilgenkamp	Discus	3rd		Brian Greunke	110 Hurdles	3rd	
	Shot Put	5th			300 Hurdles	3rd	
	110 Hurdles	4th		Kelly Satter	800 meters	6th	
Tim Vie	Discus	4th		Lonnie Graver	3200 meters	3rd	
Kelly Satter	High Jump	5th			1600 meters	Runner Up	
Lance Swanson	400 meters	Runner Up		Mike Sibbersen	3200 meters	6th	
	800 meters	Runner Up		Mark Grefe	400 meters	3rd	
Mark Grefe	400 meters	3rd		Randy McDowell	1600 meters	4th	
	800 meters	3rd		Brad Grefe	1600 meters	5th	
Pat Mullins	400 meters	6th			400 Relay	Runner Up	
Lonnie Graver	3200 meters	Runner Up			1600 Relay	Champion	
	1600 meters	Champion			3200 Relay	Runner Up	
Brad Grefe	3200 meters	4th					
	1600 meters	6th					
Brian Greunke	110 Hurdles	Runner Up					
	300 Hurdles	3rd					
Troy Brainard	100 meters	3rd					

Todd Timm	100 meters	4th				
Lowell Schlenker	200 meters	4th				
John Gard	200 meters	6th				
Randy McDowell	1600 meters	4th				
	400 Relay	Champion				
	1600 Relay	Champion				
	3200 Relay	Runner Up				
Bennington Invite	3rd			Conference	Champion	
Phil Mentzer	Triple Jump	3rd		Todd Adelgren	Shot Put	Champion
					Discus	Champion
Lance Swanson	400 meters	Champion		Lance Swanson	400 meters	Champion
Todd Adelgren	Discus	Runner Up		Lonnie Graver	1600 meters	Champion
	Shot Put	Champion			3200 meters	Champion
Lonnie Graver	3200 meters	Runner Up			1600 Relay	Champion
	1600 meters	3rd				
Brad Grefe	3200 meters	6th				
Erik Hilgenkamp	Shot Put	6th				
Brian Greunke	110 Hurdles	4th				
Randy McDowell	1600 meters	5th				
Troy Brainard	100 meters	6th				
Mark Grefe	800 meters	4th				
	400 Relay	Runner Up				
	1600 Relay	3rd				
	3200 Relay	3rd				
Districts	Champion					
Troy Brainard	100 meters	5th				
	200 meters	5th				
Lowell Schlenker	200 meters	6th				
Lance Swanson	400 meters	3rd				
	800 meters	4th				
Mark Grefe	800 meters	6th				
Lonnie Graver	1600 meters	Runner Up				
	3200 meters	Champion				
Brian Greunke	110 Hurdles	Runner Up				
	300 Hurdles	5th				
Erik Hilgenkamp	110 Hurdles	4th				
	Shot Put	Runner Up				
Todd Adelgren	Shot Put	Champion				
	Discus	Champion				

Tim Vie	Shot Put	5th					
	400 Relay	3rd					
	1600 Relay	Champion					
	3200 Relay	Champion					
State	31st tie	4 points					
Lance Swanson	400 meters	DNP					
Lonnie Graver	1600 meters	DNP					
	3200 meters	DNP					
Mike Sibbernsen	1600 meters	DNP					
Brian Greunke	110 Hurdles	DNP					
Todd Adelgren	Shot Put	5th					
	Discus	5th					
Eric Hilgenkamp	Shot Put	DNP					
	1600 Relay	DNP					
	3200 Relay	DNP					

Boys Track 1983-84							
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Roster	*Letterwinners						
Craig Ferdig *	Senior	David Green	Junior	Tim Christensen	Sophomore	Lowell Schlenker *	Sophomore
Shawn Fuhrer *	Senior	Brad Grefe *	Junior	Dave Ferdig	Sophomore	Tim Vie *	Sophomore
Kenny Metzler *	Senior	Rick Hilgenkamp *	Junior	Lonnie Graver *	Sophomore	Clint Clausen	Freshman
David Suhr *	Senior	Bob Krueger *	Junior	Mark Grefe *	Sophomore	Randy McDowell *	Freshman
Tom Vogt *	Senior	Phil Mentzer *	Junior	Brian Greunke *	Sophomore	Monte Merz	Freshman
Todd Adelgren *	Junior	Scott Ruwe	Junior	Rick Larsen	Sophomore	Tim Miller	Freshman
David Cartwright *	Junior	Kelly Satter *	Junior	Andrew Leggett *	Sophomore	Tom Schumacher	Freshman
Tim Francis	Junior	Dan Timm	Junior	Pat Mullins	Sophomore	Lance Swanson *	Freshman
Kirk French	Junior	Troy Brainard *	Sophomore				

Schedule and Placers							
Bergan Indoor	Runner Up			Fort Calhoun Invite	Champion		
Todd Adelgren	Shot Put	Champion		Dave Suhr	Shot Put	Champion	
Bob Krueger	60 Low Hurdles	3rd			Discus	3rd	
	60 High Hurdles	4th		Todd Adelgren	Shot Put	Runner Up	
	440 yards	4th			Discus	Runner Up	
Dave Suhr	Shot Put	3rd		Ken Metzler	Shot Put	3rd	
Ken Metzler	Shot Put	5th			Discus	4th	

Lance Swanson	Long Jump	3rd			Triple Jump	3rd	
	440 yards	Runner Up		Lance Swanson	Long Jump	4th	
Craig Ferdig	Pole Vault	3rd			200 meters	6th	
	60 Low Hurdles	5th			400 meters	5th tie	
	60 High Hurdles	6th		Bob Krueger	110 Hurdles	Runner Up	
Brian Greunke	60 Low Hurdles	6th			300 Hurdles	Runner Up	
	60 High Hurdles	5th		Craig Ferdig	110 Hurdles	3rd	
Andrew Leggett	300 yards	Champion			300 Hurdles	5th	
	60 yards	Runner Up		Brian Greunke	110 Hurdles	4th	
Troy Brainard	300 yards	5th			300 Hurdles	4th	
Phil Mentzer	60 yards	3rd		Andrew Leggett	100 meters	Champion	
Shawn Fuhrer	440 yards	3rd			200 meters	Runner Up	
Kelly Satter	880 yards	Champion		Shaun Fuhrer	800 meters	3rd	
Lonnie Graver	Mile	Runner Up		Kelly Satter	800 meters	6th	
	Mile Relay	Runner Up		Lonnie Graver	1600 meters	3rd	
	Two Mile Relay	Champion		Brad Grefe	1600 meters	4th	
					3200 meters	Runner Up	
				Randy McDowell	1600 meters	6th	
					400 Relay	4th	
					1600 Relay	Champion	
					3200 Relay	Champion	
Yutan Invite	Champion			Bennington Invite	Champion		
Todd Adelgren	Shot Put	Champion		Todd Adelgren	Shot Put	Runner Up	
	Discus	Champion			Discus	3rd	
Dave Suhr	Shot Put	Runner Up		Dave Suhr	Shot Put	Champion	
	Discus	3rd			Discus	Runner Up	
Craig Ferdig	Pole Vault	Champion		Andrew Leggett	100 meters	Runner Up	
	110 Hurdles	Runner Up			200 meters	3rd	
	300 Hurdles	4th		Craig Ferdig	Pole Vault	4th	
Phil Mentzer	Long Jump	4th			110 Hurdles	4th	
	Triple Jump	4th		Phil Mentzer	Triple Jump	4th	
Andrew Leggett	100 meters	Runner Up			Long Jump	5th	
	200 meters	3rd		Lance Swanson	Long Jump	4th	
Lance Swanson	400 meters	4th		Brian Greunke	110 Hurdles	6th	
Lowell Schlenker	400 meters	6th		Mark Grefe	800 meters	5th	
Brian Greunke	110 Hurdles	4th		Lonnie Graver	1600 meters	6th	
Brad Grefe	3200 meters	Runner Up		Brad Grefe	3200 meters	6th	
	1600 meters	6th					
Lonnie Graver	1600 meters	3rd					
Shawn Fuhrer	800 meters	4th					

David Carwright	3200 meters	6th				
	400 Relay	Champion tie			400 Relay	Champion
	1600 Relay	Champion			1600 Relay	Champion
	3200 Relay	Champion			3200 Relay	Champion
Conference	5th			Districts	Champion	
				Dave Suhr	Shot Put	Champion
					Discus	3rd
				Craig Ferdig	Pole Vault	Champion
					110 Hurdles	5th
				Andrew Leggett	100 meters	Runner Up
					Long Jump	4th
					200 meters	5th
				Todd Adelgren	Shot Put	3rd
					Discus	4th
					100 meters	6th
				Ken Metzler	Shot Put	4th
					Discus	5th
				Bob Krueger	110 Hurdles	3rd
					300 Hurdles	6th
				Phil Mentzer	Triple Jump	5th
				Brad Grefe	3200 meters	4th
					1500 meters	5th
				Randy McDowell	1600 meters	6th
				Mark Grefe	800 meters	4th
				Kelly Satter	800 meters	5th
				Lance Swanson	400 meters	5th
					400 Relay	Champion
					1600 Relay	Champion
					3200 Relay	Runner Up
State						
Andrew Leggett	100 meters					
Craig Ferdig	Pole Vault					
Dave Suhr	Shot Put					
	400 Relay					
	1600 Relay					
Boys Track 1982-83						

Roster		*Letterwinners					
Michael Bellander *	Senior	James Stork	Junior	Troy Brainard	Freshman		
Greg Scheer *	Senior	David Suhr *	Junior	Lonnie Graver *	Freshman		
Scott Strenger	Senior	Tom Vogt *	Junior	Mark Grefe *	Freshman		
Dan Toebben *	Senior	Todd Adलगren *	Sophomore	Brian Greunke *	Freshman		
Brian Fink *	Junior	David Cartwright *	Sophomore	Wayne Hoffman	Freshman		
Shawn Fuhrer *	Junior	Brad Grefe	Sophomore	Bill Kuhfuhl	Freshman		
Chris Gawert *	Junior	Rick Hilgenkamp *	Sophomore	Pat Mullins *	Freshman		
Kenny Metzler *	Junior	Alan Pugh	Sophomore	Lowell Schlenker *	Freshman		
Dave Mullins	Junior	Lance Worth	Freshman	Tim Vie	Freshman		
Schedule and Placers							
Bergan Indoor		3rd		Fort Calhoun Invite		3rd	
Brian Greunke	60 Low Hurdles	6th		David Cartwright	3200 meters	5th	
Lowell Schlenker	60 yards	5th		Bruce Fink	1600 meters	4th	
Pat Mullins	60 yards	6th		Chris Gawert	400 meters	Champion	
David Mullins	800 meters	4th		Shawn Fuhrer	800 meters	Champion	
Rick Hilgenkamp	60 High Hurdles	4th		Mark Grefe	800 meters	3rd	
Lonnie Graver	Long Jump	4th		Todd Adलगren	Shot Put	Champion	
Ken Metzler	Triple Jump	3rd			Discus	5th	
	Shot Put	6th		Dave Suhr	Shot Put	Runner Up	
	300 meters	5th			Discus	4th	
Brad Grefe	Triple Jump	6th		Ken Metzler	Shot Put	4th	
Dave Suhr	Shot Put	Runner Up			400 Relay	6th	
Todd Adलगren	Shot Put	5th			1600 Relay	4th	
Brian Fink	1600 meters	5th			3200 Relay	Champion	
Mike Bellander	800 meters	Runner Up					
	3200 meters	4th					
Chris Gawert	400 meters	Runner Up					
David Cartwright	3200 meters	5th					
	Mile Relay	3rd					
	Two Mile Relay	Champion					
Yutan Invite				Bennington Invite			
Conference							
6th							

David Cartwright	3200 meters	6th				
Chris Gawert	400 meters	Runner Up				
	800 meters	Runner Up				
Dan Toebben	800 meters	6th				
Dave Suhr	Shot Put	3rd				
Todd Adelgren	Discus	3rd				
Ricky Hilgenkamp	Pole Vault	3rd				
	400 Relay	4th				
	1600 Relay	4th				

Districts

Mark Grefe	800 meters	5th				
Dave Suhr	Shot Put	5th				
	3200 Relay	Runner Up				

Boys Track 1981-82

Roster	*Letterwinners
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Steve Cahoon	Senior	Greg Scheer *	Junior	James Stork *	Sophomore
Gene Chappellear *	Senior	Tim Teebken *	Junior	David Suhr *	Sophomore
Gordie Fox *	Senior	Dan Toebben *	Junior	Todd Adelgren *	Freshman
Randy Hansen *	Senior	Brian Fink	Sophomore	David Cartwright	Freshman
Tom Harmon *	Senior	Shawn Fuhrer *	Sophomore	Eric Hilgenkamp	Freshman
Dean LeCrone *	Senior	Jim Martinez	Sophomore	Troy Riley	Freshman
Todd Scheer *	Senior	Kenny Metzler *	Sophomore	Kelly Satter	Freshman
Stan Skinner *	Senior	Dave Mullins	Sophomore	Danny Townsend	Freshman

Schedule and Placers

Bergan Indoor			Fort Calhoun Invite	Champion	
Gordie Fox		Champion	Tom Harmon	1600 meters	Runner Up
		4th	Gene Chappellear	Pole Vault	3rd
Randy Hansen		3rd		300 Hurdles	Runner Up
		3rd		110 Hurdles	4th
		4th	Dave Suhr	Shot Put	Champion
		6th	Gordie Fox	400 meters	Champion
Todd Scheer		Champion	Todd Scheer	200 meters	Runner Up
Tom Harmon		5th		100 meters	3rd

		Champion		Shawn Fuhrer	800 meters	4th	
		Champion		Ken Metzler	Discus	5th	
				Randy Hansen	Triple Jump	Runner Up	
					400 Relay	5th	
					1600 Relay	Champion	
					3200 Relay	Champion	
Yutan Invite	Champion			Bennington Invite	3rd		
Gene Chappellear	Pole Vault	Champion		Tom Harmon	1600 meters	4th	
	110 Hurdles	Champion		Gordie Fox	400 meters	3rd	
	300 Hurdles	Champion		Tim Teebken	400 meters	6th	
Randy Hansen	Triple Jump	Champion			800 meters	5th	
	110 Hurdles	Runner Up		Shawn Fuhrer	800 meters	4th	
Todd Scheer	100 meters	Champion		Todd Scheer	200 meters	5th	
	200 meters	3rd			100 meters	6th	
	Long Jump	5th		Gene Chappellear	300 Hurdles	Runner Up	
Dave Suhr	Shot Put	Runner Up			Pole Vault	Champion	
	Discus	5th		Randy Hansen	Triple Jump	3rd	
Gordie Fox	400 meters	Runner Up		Dave Suhr	Shot Put	4th	
	200 meters	4th			Discus	4th	
Dean LeCrone	3200 meters	6th			1600 Relay	Champion	
Tom Harmon	1600 meters	3rd			3200 Relay	4th	
Ken Metzler	Shot Put	4th					
	Discus	6th					
	400 Relay	4th					
	1600 Relay	Champion					
	3200 Relay	3rd					
Fort Calhoun Dual				Conference	Runner Up		5/1
Dan Toebben		3rd					
Gene Chappellear		Champion					
		3rd					
Todd Scheer		3rd					
		Champion					
		Runner Up					
Tom Harmon		Runner Up					
		Champion					
		Champion					
Gordie Fox		Runner Up					
Dave Suhr		Champion					
		Champion					

Todd Adelgren		Runner Up				
Ken Metzler		3rd				
		Runner Up				
Randy Hansen		Champion				
		Champion				
		Champion				
Dean LeCrone		3rd				
Greg Scheer		3rd				
		Champion				
Tim Teebken		3rd				
Shawn Fuhrer		3rd				
		Champion				
		Champion				
		Champion				

Blair Invite			Districts	4th	5/10	
Gene Chappellear		5th	Dave Suhr	Shot Put	3rd	
		Runner Up	Randy Hansen	Triple Jump	Runner Up	
Randy Hansen		Runner Up		300 Hurdles	3rd	
		3rd		110 Hurdles	5th	
Gordie Fox		6th	Gene Chappellear	Pole Vault	3rd	
Todd Scheer		3rd		300 Hurdles	Runner Up	
		5th	Todd Scheer	200 meters	Runner Up	
				Long Jump	6th	
				100 meters	4th	
			Gordie Fox	400 meters	3rd	
			Tom Harmon	800 meters	6th	
				1600 Relay	3rd	
				3200 Relay	4th	

State			Logan View Triangular		4/6	
Randy Hansen	Triple Jump	DNP				
	300 Hurdles	DNP				
Gene Chappellear	Pole Vault	DNP				
	300 Hurdles	DNP				
Gordie Fox	400 meters	DNP				
Todd Scheer	200 meters	5th				
Dave Suhr	Shot Put	DNP				

Boys Track 1980-81

Roster

*Letterwinners

Mike Amundson *	Senior	Todd Scheer *	Junior	Greg Scheer *	Sophomore	Shawn Fuhrer *	Freshman
Gene Chappellear *	Junior	Stan Skinner *	Junior	Tim Teebken *	Sophomore	Tim Greunke *	Freshman
Gordie Fox *	Junior	Pat Campbell *	Sophomore	Dan Toebben *	Sophomore	Kenny Metzler *	Freshman
Randy Hansen *	Junior	Kent Christensen *	Sophomore	Craig Ferdig	Freshman	James Stork *	Freshman
Tom Harmon *	Junior	Phil Dunklau	Sophomore	Brian Fink	Freshman	David Suhr *	Freshman
Dean LeCrone *	Junior	Jim Martinez	Sophomore	Shawn Fuhrer *			

Schedule and Placers

Bergan Indoor

4th

Tekamah-Herman Invite

9th

Randy Hansen	Long Jump	3rd	Tom Harmon	3200 meters	5th
	60 High Hurdles	5th	Gene Chappellear	Pole Vault	3rd
	60 Low Hurdles	3rd	Todd Scheer	200 meters	3rd
Todd Scheer	Long Jump	4th		400 Relay	5th
	60 yards	6th			
	300 yards	3rd			
Gordie Fox	300 yards	6th			
Tim Teebken	440 yards	4th			
Gene Chappellear	Pole Vault	Runner Up			
Tom Harmon	Two Mile	4th			
	Two Mile Relay	3rd			

Yutan Invite

Mt Michael Relays

10th

Todd Scheer	Champion
	Runner Up
	Runner Up
Tim Greunke	4th
	3rd
Kent Christiansen	5th
	3rd
	4th
Dave Suhr	Runner Up
	Runner Up
Ken Metzler	6th
Gene Chappellear	Champion
	5th
	3rd
Randy Hansen	Champion

		3rd				
		Champion				
Tim Teebken		5th				
Tom Harmon		Runner Up				
		Runner Up				
Dean LeCrone		5th				
Gordie Fox		4th				
		3rd				
Mike Amundsen		4th				
Dan Toebben		5th				
Pat Campbell		4th				
		Runner Up				
		3rd				
Bennington Invite				Fort Calhoun Dual	Runner Up	
Conference				Blair Invite	8th	
				Randy Hansen	110 Hurdles	6th
					Triple Jump	4th
				Gene Chappellear	300 Hurdles	3rd
					Pole Vault	3rd
					1600 Relay	6th
Districts				State	NTS	0 points
Randy Hansen	Triple Jump	Champion		Randy Hansen	110 Hurdles	DNP
	110 Hurdles	Champion			Triple Jump	DNP
Gene Chappellear	300 Hurdles	Runner Up		Gene Chappellear	300 Hurdles	DNP
		4th				
Tom Harmon		5th				
		6th				
		4th				