Girls Track 2009-10							
Roster	*Letterwinners						
Kelly Dunklau *	Senior	Erika Harms *	Junior	Amber Hurlbert *	Sophomore	McKenna Kaup *	Freshmar
Lidsay Grove *	Senior	Alli Miller *	Junior	Sammi Japp *	Sophomore	Grace Lathrop *	Freshmar
Melissa Hilgenkamp *	Senior	Molly Miller *	Junior	Heather Johnson *	Sophomore	Sydney Miller *	Freshmar
Sara Mellema *	Senior	Paige Peterson *	Junior	Riley Johnson *	Sophomore	Lauren Mues *	Freshmar
Maddie Bell *	Junior	Stephanie Stratman *	Junior	Allie Leaver *	Sophomore	Stephanie Schwedhelm	Freshmar
Jaelyn Denker *	Junior	Courtney Wulf	Junior	Cassie Voss *	Sophomore	Tiffani Toebben *	Freshmar
Lisette deOlde	Junior	Hope Hemme	Sophomore	Maddie Bastian	Freshman	Sydney Whitmarsh *	Freshmar
Kim Gaffney	Junior						
Schedule and Placers							
Doane Indoor	7th						
Heather Johnson	800 meters	Runner Up					
Kelly Dunklau	1600 meters	6th					
Cassie Voss	Shot Put	Runner Up					
Riley Johnson	Shot Put	3rd					
Badger Relays	Champion			Cadet Tiger Invite	Champion		
Melissa Hilgenkamp	Shot Put	Champion		Melissa Hilgenkamp	Shot Put	Runner Up	
	Discus	3rd		Riley Johnson	Shot Put	Champion	
Riley Johnson	Shot Put	Runner Up			Discus	Runner Up	
	Discus	Champion		Cassie Voss	Shot Put	4th	
Cassie Voss	Shot Put	3rd			Discus	Champion	
	Discus	Runner Up		Molly Miller	Long Jump	6th	
Lindsay Grove	Long Jump	Champion			Triple Jump	3rd	
Molly Miller	Long Jump	Runner Up		Sydney Whitmarsh	100 Hurdles	3rd	
	Triple Jump	Runner Up		Lindsay Grove	100 Hurdles	6th	
Lauren Mues	Long Jump	4th		Allie Leaver	300 Hurdles	5th	
Allie Leaver	Triple Jump	Champion		Heather Johnson	800 meters	Champion	
Sara Mellema	Triple Jump	6th		Grace Lathrop	800 meters	6th	
Paige Peterson	Pole Vault	4th tie		Madison Bell	1600 meters	Runner Up	
	Distance Medley Relay	Champion		Amber Hurlbert	1600 meters	5th	
	800 Relay	5th		Kelly Dunklau	3200 meters	Runner Up	
	Shuttle Hurdle Relay	Runner Up			400 Relay	Runner Up	
	400 Relay	3rd			1600 Relay	5th	
	Throwers 400 Relay	Champion			3200 Relay	4th	
	1600 Medley Relay	5th					
	Sprint Medley Relay	Runner Up					
	6400 Relay	Runner Up					

	1600 Relay	3rd				
Logan View Invite	Runner Up		Bennington Invite	Champion		
Cassie Voss	Shot Put	Runner Up	Melissa Hilgenkamp	Shot Put	Runner Up	
Dassic VUSS	Discus	3rd	Wellssa i lligerikariip	Discus	Champion	
Riley Johnson	Shot Put	3rd tie	Riley Johnson	Shot Put	Champion	
Alley Johnson	Discus	Champion	Triley Johnson	Discus	Runner Up	
Melissa Hilgenkamp	Shot Put	3rd tie	Cassie Voss	Shot Put	3rd	
viciissa i iligerikariip	Discus	Runner Up	Cassie Voss	Discus	3rd	
Ericka Harms	High Jump	Runner Up	Allison Miller	Pole Vault	4th	
_auren Mues	Long Jump	5th	Sammi Japp	Pole Vault	6th	
Allie Leaver	Triple Jump	3rd	Erika Harms	High Jump	3rd	
Allie Leavel		5th				
Maller Miller	100 Hurdles		Lindsay Grove	Long Jump	Runner Up	
Molly Miller	Triple Jump	4th	Molly Miller	100 Hurdles	3rd	
Allison Miller	Pole Vault	3rd	Molly Miller	Long Jump	5th	
Heather Johnson	800 meters	Runner Up	A.II.	Triple Jump	3rd	
Grace Lathrop	800 meters	5th	Allie Leaver	Triple Jump	Runner Up	
Kelly Dunklau	1600 meters	Champion		100 Hurdles	5th	
	400 Relay	6th	Sara Mellema	Triple Jump	6th	
	1600 Relay	6th	Sydney Whitmarsh	100 Hurdles	6th	
	3200 Relay	Runner Up	McKenna Kaup	100 meters	5th	
			Lauren Mues	200 meters	4th	
			Grace Lathrop	800 meters	3rd	
			Amber Hurlbert	800 meters	4th	
			Madison Bell	1600 meters	4th	
			Kelly Dunklau	1600 meters	5th	
				3200 meters	Champion	
			Jaeyln Denker	3200 meters	5th	
				400 Relay	4th	
				1600 Relay	3rd	
				3200 Relay	3rd	
Conference	Champion		Arlington Invite	Champion		
Melissa Hilgenkamp	Shot Put	Champion	Melissa Hilgenkamp	Shot Put	Champion	
	Discus	Champion		Discus	Champion	
Riley Johnson	Shot Put	5th	Riley Johnson	Shot Put	Runner Up	
	Discus	3rd		Discus	Runner Up	
Cassie Voss	Shot Put	3rd	Cassie Voss	Shot Put	3rd	
	Discus	Runner Up		Discus	3rd	
indsay Grove	Long Jump	4th	Erika Harms	High Jump	Runner Up	
	100 Hurdles	4th	McKenna Kaup	High Jump	6th	
Molly Miller	Long Jump	6th		100 meters	6th	
	Triple Jump	5th	Lindsay Grove	Long Jump	Runner Up	

Lauren Mues	Long Jump	5th		100 Hurdles	Runner Up	
	200 meters	3rd	Molly Miller	Long Jump	5th	
Allie Leaver	Triple Jump	3rd		Triple Jump	5th	
	300 Hurdles	5th	Lauren Mues	Long Jump	6th	
McKenna Kaup	100 meters	6th		200 meters	4th	
Erika Harms	High Jump	4th	Allie Leaver	Triple Jump	4th	
Heather Johnson	800 meters	3rd		100 Hrudles	4th	
	1600 meters	Runner Up	Sara Mellema	Triple Jump	6th	
Kelly Dunklau	1600 meters	6th	Sydney Miller	400 meters	4th	
	3200 meters	Runner Up	Grace Lathrop	800 meters	6th	
	1600 Relay	5th	Heather Johnson	1600 meters	Champion	
	3200 Relay	Runner Up	Jaelyn Denker	1600 meters	6th	
				400 Relay	4th	
				1600 Relay	Runner Up	
				3200 Relay	Runner Up	
Districts	Champion					
Melissa Hilgenkamp	Shot Put	Champion				
Wellssa i lligerikariip	Discus	Champion				
Riley Johnson	Shot Put	Runner Up				
Taley domison	Discus	Runner Up				
Cassie Voss	Shot Put	3rd				
Cassie Voss	Discus	3rd				
Allie Leaver	Triple Jump	3rd				
Erika Harms	High Jump	Runner Up				
Heather Johnson	800 meters	4th				
Treatner Johnson	1600 meters	Runner Up				
Lindsay Grove	Long Jump	3rd				
McKenna Kaup	High Jump	3rd				
Sydney Whitmarsh	300 Hurdles	6th				
Allison Miller	Pole Vault	5th				
Sara Mellema	Triple Jump	4th				
Molly Miller	Triple Jump	6th				
Wony Willer	Triple durip	our				
State	14th	18 points				
Melissa Hilgenkamp	Shot Put	5th				
	Discus	6th				
Riley Johnson	Shot Put	6th				
	Discus	DNP				
Cassie Voss	Shot Put	DNP				
	Discus	Runner Up				
Allie Leaver	Triple Jump	DNP				

Erika Harms	High Jump	DNP					
Heather Johnson	800 meters	DNP					
	1600 meters	DNP					
Lindsay Grove	Long Jump	DNP					
McKenna Kaup	High Jump	DNP					
•							
Girls Track 2008-09							
Roster	*Letterwinners						
Becca Goodwin *	Senior	Lidsay Grove *	Junior	Tara Wasenius *	Sophomore	Amber Hurlbert *	Freshman
Heather Goodwin *	Senior	Melissa Hilgenkamp *	Junior	Rachel Anderson	Sophomore	Sammi Japp *	Freshman
Callie Johnson *	Senior	Sara Mellema *	Junior	Charlsie Bastian *	Sophomore	Heather Johnson *	Freshman
Jordan Johnson *	Senior	Charlie Neiss *	Junior	Maddie Bell *	Sophomore	Riley Johnson *	Freshman
Sammie Lathrop *	Senior	Nicole Schwedhelm *	Junior	Jaelyn Denker *	Sophomore	Emily Korus *	Freshman
Cassie Mastin *	Senior	Hannah Stoner *	Junior	Erika Harms *	Sophomore	Allie Leaver *	Freshman
Katie Moravec *	Senior	Kathryn Vampola	Junior	Alli Miller *	Sophomore	Nicole Stork	Freshman
Dani Moyer *	Senior	Corinna Viviano	Junior	Tonya Peterson	Sophomore	Tabitha Urban	Freshman
Erin Dunklau *	Junior	Brittany Voss	Junior	Hope Hemme	Freshman	Cassie Voss *	Freshman
Kelly Dunklau *	Junior						
Schedule and Placers							
Doane Indoor	NTS						
Dani Moyer	100 meters	Runner Up					
Heather Johnson	400 meters	3rd					
Jordan Johnson	100 Hurdles	4th					
Erika Harms	High Jump	5th					
Badger Relays	Runner Up			Cadet Tiger Invite	Runner Up		
Jaelyn Denker	Long Jump	6th		Melissa Hilgenkamp	Shot Put	3rd	
Allie Leaver	Triple Jump	Champion			Discus	Champion	
Sara Mellema	Triple Jump	3rd		Riley Johnson	Shot Put	4th	
Erika Harms	High Jump	Runner Up			Discus	4th	
Charlea Neiss	High Jump	6th tie		Cassie Voss	Shot Put	5th	
Dani Moyer	Pole Vault	Champion			Discus	5th	
Melissa Hilgenkamp	Shot Put	Champion		Lindsay Grove	Long Jump	4th	
	Discus	Champion			100 Hurdles	Champion	
Erin Dunklau	Shot Put	3rd		Sara Mellema	Triple Jump	4th	
Heather Goodwin	Shot Put	4th		Erika Harms	High Jump	Champion	
Nicole Schwedhelm	Discus	4th		Charlea Neiss	High Jump	5th tie	
Charlsie Bastian	Discus	5th		Dani Moyer	Pole Vault	Runner Up tie	

				100 meters	Champion	
			Katie Moravec	Pole Vault	6th	
			Heather Johnson	800 meters	Champion	
			Kelly Dunklau	1600 meters	Runner Up	
			Sammi Lathrop	1600 meters	6th	
				400 Relay	Runner Up	
				1600 Relay	4th	
Logan View Invite	3rd		Bennington Invite	Champion		
Riley Johnson	Shot Put	3rd	Riley Johnson	Shot Put	4th	
,	Discus	6th		Discus	3rd	
Melissa Hilgenkamp	Shot Put	4th	Melissa Hilgenkamp	Shot Put	Champion	
	Discus	Runner Up	5 1	Discus	Champion	
Cassie Voss	Shot Put	6th	Cassie Voss	Shot Put	3rd	
	Discus	3rd		Discus	Runner Up	
Lindsay Grove	Long Jump	Runner Up	Lindsay Grove	Long Jump	Runner Up	
,	100 Hurdles	4th	,	100 Hurdles	3rd	
Sara Mellema	Triple Jump	4th	Hannah Stoner	Triple Jump	4th	
Erika Harms	High Jump	Runner Up	Allie Leaver	Triple Jump	6th	
Dani Moyer	Pole Vault	Champion	Charlea Neiss	High Jump	3rd	
•	100 meters	Champion	Dani Moyer	Pole Vault	Runner Up	
Heather Johnson	400 meters	5th		100 meters	Champion	
Kelly Dunklau	1600 meters	6th	Katie Moravec	Pole Vault	4th	
•	3200 meters	4th	Allison Miller	Pole Vault	5th	
Sammi Lathrop	3200 meters	6th	Becca Goodwin	100 meters	4th	
·	400 Relay	Runner Up	Cassie Mastin	400 meters	5th	
	1600 Relay	4th	Heather Johnson	800 meters	Runner Up	
	3200 Relay	6th	Madison Bell	800 meters	3rd	
	_		Sammi Japp	800 meters	6th	
			Sammie Lathrop	3200 meters	6th	
			Jordan Johnson	100 Hurdles	Champion	
			Emily Korus	300 Hurdles	6th	
				400 Relay	Runner Up	
				1600 Relay	3rd	
				3200 Relay	3rd	
Conference	Champion		Arlington Invite	Champion		
Cassie Voss	Shot Put	3rd	Cassie Voss	Shot Put	3rd	
	Discus	Champion		Discus	Champion	
Melissa Hilgenkamp	Shot Put	4th	Melissa Hilgenkamp	Shot Put	Runner Up	
<u>-</u> ·	Discus	Runner Up		Discus	3rd	
Riley Johnson	Shot Put	Runner Up	Riley Johnson	Shot Put	Champion	
	Discus	3rd	-	Discus	Runner Up	

Lindsay Grove	Long Jump	Champion	Lindsay Grove	Long Jump	Runner Up	
,	200 meters	5th		100 Hurdles	4th	
	100 Hurdles	Runner Up	Allie Leaver	Triple Jump	6th	
Sammi Lathrop	3200 meters	6th	Erika Harms	High Jump	6th	
Erika Harms	High Jump	3rd tie	Dani Moyer	Pole Vault	Runner Up	
Dani Moyer	Pole Vault	Champion		100 meters	Champion	
,	100 meters	Champion	Madison Bell	800 meters	4th	
	200 meters	Champion	Heather Johnson	400 meters	Runner Up	
Heather Johnson	400 meters	Runner Up	Jordan Johnson	100 Hurdles	3rd	
	800 meters	Champion	Becca Goodwin	100 meters	3rd	
Kelly Dunklau	1600 meters	6th	Cassie Mastin	400 meters	5th	
,	3200 meters	3rd		400 Relay	Runner Up	
Jordan Johnson	100 Hurdles	5th		1600 Relay	3rd	
	300 Hurdles	5th		3200 Relay	Champion	
Hannah Stoner	Triple Jump	4th				
Katie Moravec	Pole Vault	5th				
Allison Miller	Pole Vault	6th				
Becca Goodwin	100 meters	4th				
Madison Bell	800 meters	5th				
	400 Relay	Runner Up				
	1600 Relay	3rd				
	3200 Relay	3rd				
	5250 11518,					
Districts	Champion					
Cassie Voss	Shot Put	Runner Up				
	Discus	Champion				
Melissa Hilgenkamp	Shot Put	3rd				
	Discus	3rd				
Riley Johnson	Shot Put	4th				
.,	Discus	4th				
Lindsay Grove	Long Jump	Champion				
	100 Hurdles	4th				
Sara Mellema	Triple Jump	4th				
Allie Leaver	Triple Jump	5th				
Erika Harms	High Jump	Champion				
Dani Moyer	Pole Vault	5th				
· ···- , - ·	100 meters	Champion				
	200 meters	Champion				
Heather Johnson	400 meters	Runner Up				
	800 meters	Runner Up				
Kelly Dunklau	1600 meters	5th				
Jordan Johnson	100 Hurdles	5th				
	100 Durdies					

	1600 Relay	5th					
State	20th	15 points					
Cassie Voss	Shot Put	DNP					
	Discus	Runner Up					
Melissa Hilgenkamp	Shot Put	DNP					
monood ringomamp	Discus	DNP					
Riley Johnson	Shot Put	DNP					
Kiley Johnson	Discus	DNP					
Linday Craye		DNP					
Lindsay Grove	Long Jump						
	100 Hurdles	DNP					
Erika Harms	High Jump	DNP					
Dani Moyer	100 meters	7th					
	200 meters	DNP					
Heather Johnson	400 meters	DNP					
	800 meters	4th					
	400 Relay	DNP					
Girls Track 2007-08							
Roster	*Letterwinners						
Amy Hilgenkamp *	Senior	Jordan Johnson *	Junior	Melissa Hilgenkamp *	Sophomore	Charlsie Bastian	Freshman
Whitley George	Senior	Sammie Lathrop *	Junior	Sara Mellema *	Sophomore	Madison Bell *	Freshman
Randi Hodson *	Senior	Tori Lindley	Junior	Beth Milan	Sophomore	Kim Gaffney	Freshman
Renee Hodson	Senior	Cassie Mastin *	Junior	Nicole Schwedhelm	Sophomore	Erika Harms	Freshman
Caroline Jamison *	Senior	Alexis Menard	Junior	Hannah Stoner	Sophomore	Allison Miller	Freshman
Bethany Mellema *	Senior	Katie Moravec *	Junior	Kathryn Vampola *	Sophomore	Molly Miller	Freshman
Kristin Gaffney	Junior	Dani Moyer *	Junior	Brittney Voss *	Sophomore	Tonya Peterson	Freshman
Becca Goodwin *	Junior	Erin Dunklau *	Sophomore	Tara Wasenius	Sophomore	Elizabeth Todd	Freshman
Heather Goodwin *	Junior	Kelly Dunklau *	Sophomore	Rachel Anderson *	Freshman	Brittany Tompsett *	Freshman
Callie Johnson *	Junior	Lindsay Grove *	Sophomore				
Schedule and Placers							
Badger Relays	Champion			Cadet Tiger Invite	Runner Up		
Amy Hilgenkamp	Discus	Runner Up		Dani Moyer	100 meters	Champion	
Melissa Hilgenkamp	Discus	3rd			Pole Vault	4th	
Lindsay Grove	Long Jump	Champion			High Jump	4th	
Sara Mellema	Tripe Jump	4th		Randi Hodson	400 meters	Champion	
Hannah Stoner	Tripe Jump	6th		Cassie Mastin	400 meters	4th	
Dani Moyer	High Jump	Runner Up		Lindsay Grove	200 meters	Champion	

	Pole Vault	3rd	Sara Mellema	200 meters	6th	
Katie Moravec	Pole Vault	5th		Triple Jump	6th	
	Throwers Relay	Champion	Madison Bell	800 meters	3rd	
	Shuttle Hurdle Relay	Champion	Brittney Voss	300 Hurdles	Champion	
	Distance Medley Relay	Champion	Brittney Tompsett	1600 meters	4th	
	Sprint Medley Relay	Runner Up	Katie Moravec	Pole Vault	6th	
	, , ,		Bethany Mellema	Long Jump	5th	
			Melissa Hilgenkamp	Discus	Runner Up	
			Amy Hilgenkamp	Discus	3rd	
			, 5: - 1	400 Relay	Champion	
				1600 Relay	Champion	
				3200 Relay	Champion	
Logan View Invite	Runner Up		Bennington Invite	Champion		
Caroline Jamison	3200 meters	Champion	Becca Goodwin	100 meters	Champion	
	1600 meters	Champion		200 meters	Runner Up	
Sammi Lathrop	3200 meters	Runner Up	Dani Moyer	100 meters	Runner Up	
Becca Goodwin	100 meters	Champion	·	High Jump	Champion	
	200 meters	4th		Pole Vault	Champion	
Jordan Johnson	100 Hurdles	5th	Cassie Mastin	400 meters	4th	
Dani Moyer	100 meters	3rd	Jordan Johnson	110 Hurdles	Runner Up	
	Pole Vault	3rd	Lindsay Grove	110 Hurdles	5th	
Randi Hodson	800 meters	Runner Up		Long Jump	3rd	
	400 meters	3rd	Brittany Voss	110 Hurdles	6th	
Brittany Voss	100 Hurdles	4th		300 Hurdles	Runner Up	
Katie Moravec	Pole Vault	Runner Up	Randi Hodson	800 meters	3rd	
Amy Hilgenkamp	Discus	3rd	Madison Bell	800 meters	4th	
Melissa Hilgenkamp	Discus	5th	Kelly Dunklau	800 meters	6th	
Bethany Mellema	Long Jump	4th	Caroline Jamison	1600 meters	Runner Up	
			Sammi Lathrop	1600 meters	3rd	
			Brittany Thompsett	1600 meters	4th	
			Bethany Mellema	Long Jump	Champion	
			Sara Mellema	Triple Jump	6th	
			Heather Goodwin	High Jump	6th	
				Shot Put	6th	
			Katie Moravec	Pole Vault	6th	
			Amy Hilgenkamp	Discus	Champion	
			Melissa Hilgenkamp	Discus	3rd	
Conference	Champion		Arlington Invite	Champion		
Dani Moyer	Pole Vault	4th	Dani Moyer	Pole Vault	3rd	
24	100 meters	5th	Dain Moyor	High Jump	Runner Up	
Katie Moravec	Pole Vault	6th		100 meters	5th	

Amy Hilgenkamp	Discus	8th				
State	35th	4 points				
y -	<u>9</u> a a p					
Bethany Mellema	Long Jump	6th				
Brittany Voss	300 Hurdles	6th				
-55550 GOOGHIII	200 meters	Runner Up				
Becca Goodwin	100 meters	Champion				
Jordan Johnson	100 Hurdles	4th				
Sammi Lathrop	3200 meters	6th				
Caronile Jailison	1600 meters	3rd				
Caroline Jamison	3200 meters	Champion				
Randi Hodson	400 meters	5th tie				
Amy Hilgenkamp	Discus	3rd				
monosa i nigorinariip	Shot Put	5th				
Melissa Hilgenkamp	Discus	5th				
Lindsay Grove	Long Jump	5th				
Katie Moravec	Pole Vault	5th				
Dain Moyer	100 meters	5th				
Dani Moyer	Pole Vault	Runner Up tie				
Districts	3rd					
				3200 Nelay	401	
				3200 Relay	4th	
	3200 Relay	401		1600 Relay	5th	
	1600 Relay 3200 Relay	4th	Bethany Mellema	Long Jump 400 Relay	3rd	
	400 Relay	3rd Runner Up	Heather Goodwin	Shot Put	Runner Up 3rd	
Brittany Voss	300 Hurdles	Runner Up	Heathan Coodwin	300 Hurdles	Runner Up	
Duittan \ /a.a.	200 meters	3rd	Brittany Voss	100 Hurdles	6th	
Becca Goodwin	100 meters	·	Drittony Voca		·	
Jordan Johnson		Champion Runner Up	Decca Goodwin	200 meters	Runner Up Runner Up	
lordon Johnson	1600 meters 100 Hurdles		Jordan Johnson Becca Goodwin	100 Hurdles 100 meters	Champion Pupper Up	
Sammi Lathrop	3200 meters	3rd 4th	Sammi Lathrop	1600 meters	6th	
Camanai I athuan	1600 meters	Runner Up	Madison Bell	800 meters	5th	
Caroline Jamison	3200 meters	Runner Up	Caroline Jamison	1600 meters	Runner up	
Cassie Mastin	400 meters	4th		800 meters	6th	
	800 meters	Runner Up	Cassie Mastin	400 meters	Runner up	
Randi Hodson	400 meters	Champion	Randi Hodson	400 meters	5th	
Amy Hilgenkamp	Discus	Runner Up	Amy Hilgenkamp	Discus	Champion	
	300 Hurdles	6th		300 Hurdles	6th	
Melissa Hilgenkamp	Discus	Champion	Melissa Hilgenkamp	Discus	Runner Up	
	100 Hurdles	3rd		100 Hurdles	Runner Up	
Lindsay Grove	Long Jump	Runner Up	Lindsay Grove	Long Jump	Champion	
Sara Mellema	Triple Jump	5th	Sara Mellema	Triple Jump	5th	

Dani Moyer	Pole Vault	DNP					
Jordan Johnson	100 Hurdles	DNP					
Becca Goodwin	100 meters	DNP					
	200 meters	DNP					
Caroline Jamison	1600 meters	DNP					
	3200 neters	6th					
	ozoo notoro						
Girls Track 2006-07							
Roster	*Letterwinners						
Erica Leaver *	Senior	Liz Korus	Junior	Dani Moyer *	Sophomore	Sara Mellema *	Freshman
Brittany Stork *	Senior	Bethany Mellema *	Junior	Ashley Carper	Freshman	Beth Milan	Freshman
Kelsey Thompson *	Senior	Kristin Gaffney	Sophomore	Bethany Caskey	Freshman	Charlie Neiss *	Freshman
Jordan Clark	Junior	Becca Goodwin *	Sophomore	Erin Dunklau	Freshman	Hannah Stoner	Freshman
Anna Fogg	Junior	Heather Goodwin *	Sophomore	Kelly Dunklau *	Freshman	Kathryn Vampola *	Freshman
Amy Hilgenkamp *	Junior	Callie Johnson *	Sophomore	Lindsay Grove *	Freshman	Claire Volk	Freshman
Randi Hodson *	Junior	Jordan Johnson *	Sophomore	Carly Havener	Freshman	Brittney Voss *	Freshman
Renee Hodson	Junior	Sammie Lathrop *	Sophomore	Melissa Hilgenkamp *	Freshman	Tara Wasenius	Freshman
Caroline Jamison *	Junior	Katie Moravec *	Sophomore	Nicole Krause	Freshman		
Schedule and Placers							
Badger Relays	Champion			Cadet Tiger Invite	Runner Up		
Dani Moyer	Pole Vault	Champion		Dani Moyer	High Jump	Champion	
	High Jump	3rd			100 meters	3rd	
Erica Leaver	Triple Jump	Champion		Caroline Jamison	1600 meters	Champion	
Brittany Stork	Discus	Champion		Becca Goodwin	100 meters	Runner Up	
Katie Moravec	Pole Vault	4th			200 meters	Runner Up	
Sara Mellema	Pole Vault	5th		Erica Leaver	300 Hurdles	Runner Up	
	Triple Jump	Runner Up			Triple Jump	3rd	
Amy Hilgenkamp	Discus	3rd		Jordan Johnson	300 Hurdles	3rd	
Kelsey Thompson	Discus	5th			400 Relay	Champion	
Bethany Mellema	Long Jump	Runner Up			1600 Relay	Runner Up	
Heather Goodwin	Shot Put	3rd			3200 Relay	Runner Up	
	Throwers 400 Relay	Runner Up					
	Distance Medley Relay	Runner Up					
	1600 Medley Relay	4th					
	800 Relay	4th					
	3200 Relay	5th					
	1600 Relay	Runner Up					
	6400 Relay	Runner Up					

Caroline Jamison	3200 meters	Champion	Caroline Jamison	1600 meters	Runner Up	
Caroline Jamison	3200 meters	Champion	Caroline Jamison	1600 meters	Runner Up	
	1600 meters	Runner Up	Becca Goodwin	100 meters	Runner Up	
Erica Leaver	300 Hurdles	Champion		200 meters	Runner Up	
Dani Moyer	High Jump	Runner Up	Brittany Voss	300 Hurdles	Runner Up	
	Pole Vault	3rd	Sara Mellema	Triple Jump	Runner Up	
Kelsey Thompson	Discus	Runner Up	Charlie Neiss	High Jump	3rd	
Brittany Voss	300 Hurdles	Runner Up	Jordan Johnson	100 Hurdles	3rd	
Sara Mellema	Long Jump	3rd				
Jordan Johnson	100 Hurdles	3rd				
Becca Goodwin	100 meters	3rd				
Arlington Invite	No Meet		Districts	4th		
			Brittany Stork	Discus	Runner Up	
			Caroline Jamison	3200 meters	Runner Up	
				1600 meters	Runner Up	
			Randi Hodson	400 meters	4th	
				3200 Relay	Champion	
			Erica Leaver	3200 Relay	Champion	
			Sammie Lathrop	3200 Relay	Champion	
			Kelly Dunklau	3200 Relay	Champion	
			Becca Goodwin	100 meters	4th	
State	31st tie	4 points				
Brittany Stork	Discus	DNP				

Caroline Jamison	3200 meters	5th					
	1600 meters	DNP					
Randi Hodson	400 meters	DNP					
	3200 Relay	DNP					
Erica Leaver	3200 Relay	DNP					
Sammie Lathrop	3200 Relay	DNP					
Kelly Dunklau		DNP					
	3200 Relay	DNP					
Becca Goodwin	100 meters	DNP					
Girls Track 2005-06							
Onis Hack 2005-00							
Roster	*Letterwinners						
Cal Harper *	Senior	Amy Hilgenkamp *	Sophomore	Taylor Franzen	Freshman	Tori Lindley *	Freshman
Erica Leaver *	Junior	Randi Hodson	Sophomore	Kristin Gaffney	Freshman	Cassie Mastin *	Freshman
Bree Opfer *	Junior	Renee Hodson	Sophomore	Becca Goodwin *	Freshman	Katie Moravec *	Freshman
Brittany Stork *	Junior	Caroline Jamison *	Sophomore	Heather Goodwin	Freshman	Dani Moyer *	Freshman
Kelsey Thompson *	Junior	Liz Korus *	Sophomore	Callie Johnson	Freshman	Karly Schneider *	Freshman
Jordan Clark	Sophomore	Bethany Mellema *	Sophomore	Jordan Johnson *	Freshman	Carly Smith	Freshman
Sydney Dillon	Sophomore	Katie Fitz	Freshman	Sammie Lathrop *	Freshman	Kenzie Thompson *	Freshman
Schedule and Placers							
Badger Relays	Runner Up			Cadet Tiger Invite	8th		
Brittany Stork	Discus	Champion		Becca Goodwin	200 meters	Runner Up	
Cal Harper	Shot Put	Runner Up		Caroline Jamison	1600 meters	3rd	
Amy Hilgenkamp	Discus	Second		Kelsey Thompson	Discus	4th	
Kelsey Thompson	Discus	3rd		Erica Leaver	300 Hurdles	6th	
Heather Goodwin	Shot Put	6th		Bethany Mellema	Long Jump	6th	
Erica Leaver	Triple Jump	Champion			400 Relay	4th	
Bethany Mellema	Long Jump	Runner Up					
Dani Moyer	Pole Vault	4th					
	Long Jump	5th					
	3200 Relay	Runner Up					
	Sprint Medley Relay	Runner Up					
Logan View Invite	4th			Bennington Invite	3rd		
Erica Leaver	Triple Jump	Runner Up		Bethany Mellema	Long Jump	Champion	
	300 Hurdles	Runner Up		Erica Leaver	Triple Jump	Champion	
	400 Relay	Runner Up			300 Hurdles	Runner Up	
Amy Hilgenkamp	Discus	6th		Caroline Jamison	3200 meters	Champion	

	100 meters	3rd					
Becca Goodwin	200 meters	3rd					
Jordan Johnson	300 Hurdles	6th					
	400 Relay	Runner Up					
	1600 Relay	6th					
	3200 Relay	6th					
Conference	4th			Arlington Invite	3rd		
Erica Leaver	300 Hurdles	Runner Up		Dani Moyer	Pole Vault	Champion	
Brittany Stork	Discus	3rd			100 meters	Runner Up	
Dani Moyer	Pole Vault	3rd			High Jump	3rd	
Caroline Jamison	1600 meters	4th		Eric Leaver	Triple Jump	Champion	
		-			300 Hurdles	Champion	
				Brittany Stork	Discus	Runner Up	
				Jordan Johnson	300 Hurdles	Runner Up	
					100 Hurdles	3rd	
				Caroline Jamison	3200 meters	3rd	
Districts	Runner Up						
Brittany Stork	Discus	Runner Up					
Amy Hilgenkamp	Discus	4th					
Caroline Jamison	1600 meters	Runner Up					
	3200 meters	Champion					
Jordan Johnson	100 Hurdles	Runner Up					
Erica Leaver	300 Hurdles	Runner Up					
State	NTS	0 points					
Brittany Stork	Discus	DNP					
Amy Hilgenkamp	Discus	DNP					
Caroline Jamison	1600 meters	DNP					
	3200 meters	DNP					
Jordan Johnson	100 Hurdles	DNP					
Erica Leaver	300 Hurdles	DNP					
Girls Track 2004-05							
Roster	*Letterwinners						
	Senior	Bree Opfer *	Sophomore	Sydney Dillon *	Freshman	Caroline Jamison *	Freshman
vynimev French "					1 1001111011	Jai Jii lo Jai li looli	, roomman
Whitney French * Natalie Nelson *	Senior	Brittany Stork *	Sophomore	Tiffany French *	Freshman	Liz Korus	Freshman

Mady Berg *	Sophomore	Jordan Clark	Freshman	Randi Hodson *	Freshman	Stormy Neiss	Freshman
Erica Leaver *	Sophomore	Marlee Denton	Freshman	Renee Hodson	Freshman	Coartney Schneider	Freshman
Schedule and Placers							
				Badger Relays	5th		
					Sprint Medley Relay	Runner Up	
				Brittany Stork	Discus	3rd	
					Distance Medley Relay	3rd	
					400 Throwers Relay	3rd	
Cadet Tiger Invite	10th			Logan View Invite	7th		
Brittany Stork	Discus	Champion		Brittany Stork	Discus	Champion	
Tiffany French	1600 meters	5th		Natalie Nelson	Pole Vault	4th	
Thiany i renon	1600 Relay	5th		Randi Hodson	300 Hurdles	4th	
	3200 Relay	4th		ixandi Houson	300 Hurules	401	
	3200 Relay	401					
Bennington Invite	3rd			Conference	7th		
Erica Leaver	Triple Jump	Champion		Brittany Stork	Discus	Champion	
	300 Hurdles	3rd		Erica Leaver	Triple Jump	3rd	
Bree Opfer	800 meters	Champion			300 Hurdles	6th	
Natalie Nelson	Pole Vault	Runner Up		Cal Harper	Shot Put	3rd	
Brittany Stork	Discus	3rd		Tiffany French	3200 meters	5th	
Caroline Jamison	800 meters	3rd		Natalie Nelson	Pole Vault	5th	
Whitney French	Discus	4th		Whitney French	Shot Put	6th	
Mady Berg	800 meters	4th			Discus	5th	
Tiffany French	1600 meters	4th		Randi Hodson	300 Hurdles	5th	
	3200 Relay	Champion			3200 Relay	Champion	
Arlington Invite	3rd			Districts	8th		
Brittany Stork	Discus	Champion		Bethany Mellema	Long Jump	4th	
Natalie Nelson	Pole Vault	Champion		Cal Harper	Shot Put	4th	
Erica Leaver	300 Hurdles	Champion		Erica Leaver	Triple Jump	5th	
	Triple Jump	3rd			300 Hurdles	5th	
Whitney French	Shot Put	4th		Natalie Nelson	Pole Vault	5th	
•	3200 Relay	Champion			3200 Relay	3rd	
	•			Whitney French	Discus	6th	
				Brittany Stork	Discus		
				Caroline Jamison	3200 meters		
State	NTS	0 points					
Brittany Stork		DNP					
DITUALLY STOLK	Discus	DNP					

Girls Track 2003-04							
Roster	*Letterwinners						
Beth Heybrock *	Senior	Laura Lindley *	Junior	Cal Harper	Sophomore	Claire Rogers *	Freshman
Becky Jamison	Senior	Natalie Nelson *	Junior	Mady Berg *	Freshman	Brittany Stork *	Freshmar
Katie Rasmussen *	Senior	Chelsea Ringo *	Junior	Erica Leaver *	Freshman	Kelsey Thompson	Freshman
Whitney French *	Junior	Katie Stivers	Junior	Bree Opfer *	Freshman	, ,	
•							
Schedule and Placers							
				Badger Relays	4th		
				Beth Heybrock	Shot Put	Champion	
					Discus	4th	
				Cal Harper	Discus	6th	
				Erica Leaver	Triple Jump	5th	
				Natalie Nelson	Pole Vault	Runner Up	
				Chelsea Ringo	Pole Vault	4th	
				Claire Rogers	Shot Put	3rd	
				Whitney French	Shot Put	6th	
					Distance Medley Relay	4th	
					400 Relay	4th	
					Throwers 400 Relay	Runner Up	
					6400 Relay	Runner Up	
					1600 Relay	4th	
Cadet-Tiger Invite	7th			Logan View Invite	8th		
Katie Rasmussen	1600 meters	6th		Beth Heybrock	Shot Put	3rd	
Beth Heybrock	Discus	3rd		3	Discus	Runner Up	
•	Shot Put	Champion		Katie Rasmussen	1600 meters	6th	
Whitney French	Shot Put	5th			400 Relay	6th	
<u> </u>							
Bennington Invite	6th			Conference	8th		
Beth Heybrock	Shot Put	Champion		Beth Heybrock	Shot Put	Champion	
•	Discus	4th		•	Discus	4th	
Natalie Nelson	Pole Vault	Champion		Claire Rogers	Shot Put	5th	
Brittany Stork	Discus	6th		Natalie Nelson	Pole Vault	3rd	
Erica Leaver	Triple Jump	6th					
	400 meters	4th					
Claire Rogers	Shot Put	4th					
Mady Berg	800 meters	Runner Up					
Katie Rasmussen	3200 meters	5th					

	1600 meters	5th					
	400 Relay	6th					
	1600 Relay	3rd					
	,						
Arlington Invite	6th			Districts	8th		
Beth Heybrock	Discus	4th		Beth Heybrock	Shot Put	Runner Up	
	Shot Put	Champion			Discus	Runner Up	
Claire Rogers	Discus	5th		Erica Leaver	400 meters	5th	
	Shot Put	4th		Natalie Nelson	Pole Vault	5th	
Natalie Nelson	Pole Vault	3rd			400 Relay	6th	
	1600 Relay	4th			1600 Relay	6th	
	3200 Relay	5th					
State	NTS	0 points					
Beth Heybrock	Shot Put	DNP					
Betti Heybrock	Discus	DNP					
	Discus	DINF					
Girls Track 2002-03							
Roster	*Letterwinners						
Kari Dierks *	Senior	Danelle Hilgenkamp *	Junior	Laura Lindley *	Sophomore	Amanda Nath	Freshman
Megan Hansen *	Senior	Becky Jamison *	Junior	Natalie Nelson *	Sophomore	Tonya Reker	Freshman
Stephanie Johnson *	Senior	Katie Rasmussen *	Junior	Chelsea Ringo *	Sophomore	Kristen Schwarzlander *	Freshman
Abbie Maas *	Senior	Sarah Sibbernsen *	Junior	Rachel Royuk	Sophomore	Betsy Sibbernsen *	Freshman
Tina Milbrandt *	Senior	Heather Doll *	Sophomore	Katie Stivers	Sophomore	Samantha Stratman	Freshman
Brianne Wilkins *	Senior	Whitney French *	Sophomore	Marissa Vieux	Sophomore	Jessica Wulf	Freshman
Beth Heybrock *	Junior	Ashley Gloeb	Sophomore	Sara Japp	Freshman		
Schedule and Placers							
Blair/Fremont JV Triangular				Badger Relays	4th		
Bekcy Jamison	1600 meters	Runner Up		Beth Heybrock	Shot Put	Champion	
Sarah Sibbernsen	800 meters	3rd			Discus	Runner Up	
Katie Rasmussen	800 meters	4th		Brianne Wilkins	Shot Put	3rd	
Tonya Reker	800 meters	5th		Katie Rasmussen	Long Jump	5th	
Kari Dierks	55 Hurdles	Champion		Kari Dierks	Long Jump	6th	
Betsy Sibbernsen	55 Hurdles	Runner Up		Abby Maas	Pole Vault	Runner Up	
Beth Heybrock	Discus	4th		Natalie Nelson	Pole Vault	4th	
	Shot Put	Champion		Chelsea Ringo	Pole Vault	6th	
	Office Fut						
Brianne Wilkins	Shot Put	Runner Up		-	Distance Medley Relay	4th	
Brianne Wilkins Stephanie Johnson		·			Distance Medley Relay 800 Relay	4th 5th	

	1600 Relay	Runner Up		400 Relay	4th	
				Thrower 400 Relay	3rd	
				1600 Medley Relay	4th	
				Sprint Medley Relay	5th	
				1600 Relay	4th	
				·		
Gretna Invite	7th		Logan View Invite	7th		
Abbie Maas	Pole Vault	Runner Up	Abbie Maas	Pole Vault	Runner Up	
Natalie Nelson	Pole Vault	4th	Beth Heybrock	Shot Put	3rd	
Beth Heybrock	Discus	3rd		400 Relay	6th	
	Shot Put	3rd		1600 Relay	4th	
Whitney French	Discus	6th		3200 Relay	6th	
Brianne Wilkins	Shot Put	6th				
Betsy Sibbernsen	100 Hurdles	6th				
	400 Relay	6th				
	1600 Relay	5th				
	3200 Relay	6th				
Demotorate a landte			0			
Bennington Invite			Conference	7th	38	
			Beth Heybrock	Shot Put	Champion	
			Abbie Maas	Pole Vault	4th	
				Long Jump	5th	
			Sarah Sibbernsen	3200 meters	Runner Up	
			Kari Dierks	100 Hurdles	6th	
				1600 Relay	3rd	
Arlington Invite	5th		Districts	10th		
Kari Dierks	300 Hurdles	Runner Up	Natalie Nelson	Pole Vault	Runner Up	
. a Diomo	100 Hurdles	4th	Abbie Maas	Pole Vault	5th	
Sarah Sibbernsen	1600 meters	4th	, issue made	Long Jump	6th	
Abbie Maas	Long Jump	4th	Beth Heybrock	Shot Put	5th	
	Pole Vault	3rd tie	Megan Hansen	Triple Jump	5th	
	100 meters	3rd				
Natalie Nelson	Pole Vault	3rd tie				
Beth Heybrock	Shot Put	Runner Up				
Megan Hansen	Triple Jump	Runner Up				
U 1 11	400 Relay	5th				
	1600 Relay	5th				
	3200 Relay	Runner Up				
		 -				

Natalie Nelson	Pole Vault	DNP					
Girls Track 2001-02							
Roster	*Letterwinners						
Chelsea Johnson *	Senior	Megan Hansen *	Junior	Danielle Anderson *	Sophomore	Whitney French	Freshman
Sarah Koley *	Senior	Stephanie Johnson *	Junior	Beth Heybrock *	Sophomore	Brianne Harris *	Freshman
Jessica Morrison *	Senior	Abbie Maas *	Junior	Danelle Hilgenkamp *	Sophomore	Natalie Nelson *	Freshman
Cristina Schroder *	Senior	Tina Milbrandt	Junior	Katie Rasmussen *	Sophomore	Katie Stivers	Freshman
Kari Dierks *	Junior	Brianne Wilkins *	Junior				
Schedule and Placers							
Badger Relays	4th			Gretna Invite	7th		
Megan Hansen	Triple Jump	Champion		Beth Heybrock	Shot Put	3rd	
Abby Maas	Long Jump	Runner Up		Brianne Wilkins	Shot Put	5th	
Katie Rasmussen	Long Jump	5th		Kari Dierks	Triple Jump	5th	
Kari Dierks	Triple Jump	5th			300 Hurdles	5th	
Beth Heybrock	Shot Put	3rd			400 Relay	4th	
	Discus	5th		Cristina Schroder	100 Hurdles	Runner Up	
	800 Relay	Runner Up			1600 Relay	Runner Up	
	400 Relay	3rd		Megan Hansen	400 meters	5th	
	1600 Relay	3rd			1600 Relay	Runner Up	
	Throwers Relay	Runner Up		Danelle Hilgenkamp	400 meters	6th	
	Sprint Medley	4th			400 Relay	4th	
					1600 Relay	Runner Up	
				Katie Rasmussen	400 Relay	4th	
				Brianne Harris	400 Relay	4th	
				Abby Maas	1600 Relay	Runner Up	
Logan View Invite				Bennington Invite	Runner Up		
Sarah Koley	Discus	4th		Abby Maas	Pole Vault	Champion	
Abby Maas	Long Jump	5th			Long Jump	Champion	
	Pole Vault	3rd		Chelsea Johnson	Pole Vault	3rd	
Brianne Wilkins	Shot Put	4th		Katie Rasmussen	Long Jump	5th	
Beth Heybrock	Shot Put	5th		Megan Hansen	Triple Jump	Champion	
Megan Hansen	Triple Jump	Runner Up		Kari Dierks	Triple Jump	3rd	
Kari Dierks	Triple Jump	4th			300 Hurdles	?	
	400 Relay	4th		Sarah Koley	Discus	Champion	
Danelle Hilgenkamp	400 Relay	4th		Beth Heybrock	Discus	Runner Up	
Katie Rasmussen	400 Relay	4th		Stephanie Johnson	Discus	6th	
Brianne Harris	400 Relay	4th			400 Relay		

					1600 Relay		
Conference	7th			Arlington Invite	4th		
Abby Mass	Long Jump	3rd		Abby Maas	Long Jump	Runner Up	
Sarah Koley	Discus	Runner Up			Pole Vault	Runner Up tie	
Brianne Wilkins	Shot Put	4th		Kari Dierks	Long Jump	4th	
Beth Heybrock	Shot Put	5th			300 Hurdles	6th	
Megan Hansen	Triple Jump	4th		Megan Hansen	Triple Jump	Champion	
	1600 Relay	6th		Brianne Wilkins	Shot Put	3rd	
				Danielle Hilgenkamp	400 meters	5th	
				Cristina Schroder	100 Hurdles	3rd	
				Tina Milbrandt	200 meters	5th	
					400 Relay	3rd	
					1600 Relay	3rd	
Districts	6th						
Abby Maas	Pole Vault	Champion					
Brianne Wilkins	Shot Put	3rd					
Beth Heybrock	Discus	Runner Up					
Megan Hansen	Triple Jump	Champion					
wegan Hansen	Triple Julip	Champion					
State	NTS	0 points					
Abby Maas	Pole Vault	DNP					
Brianne Wilkins	Shot Put	DNP					
Beth Heybrock	Discus	DNP					
Megan Hansen	Triple Jump	DNP					
Oirdo Trocalo 0000 04							
Girls Track 2000-01							
Roster	*Letterwinners						
Christy Miller *	Senior	Jade Schmidt	Junior	Megan Hansen *	Sophomore	Beth Heybrock *	Freshman
Brittany Wilkins *	Senior	Amanda Schmit	Junior	Stephanie Johnson *	Sophomore	Danelle Hilgenkamp	Freshman
Kristen Beran	Junior	Cristina Schroder *	Junior	Abbie Maas *	Sophomore	Emily Hilgenkamp *	Freshman
Chelsea Johnson	Junior	Kelsey Tourek	Junior	Tina Milbrandt *	Sophomore	Lesley Lauritsen *	Freshman
Jessica Morrison *	Junior	Tessa Warner	Junior	Lindsay Ortmeier	Sophomore	Katie Rasmussen *	Freshman
Amanda Neuhalfen	Junior	Kari Dierks *	Sophomore	Brianne Wilkins	Sophomore	Sarah Sibbernsen *	Freshman
Ashley Russell *	Junior	Carrie Hall	Sophomore	Danielle Anderson *	Freshman	Tiffany Trapp	Freshman
				Kristin Andreasen	Freshman		
Schedule and Placers							

			Brittney Wilkins	Shot Put	Champion	
			Zinaney irimane	Discus	Champion	
				Distance Medley Relay	Champion	
				Throwers 400 Relay	Champion	
				Throwers 400 Relay	Onampion	
Onether lawite			Lanan Wassa Institu			
Gretna Invite			Logan View Invite	3rd		
			Abbie Maas	Pole Vault	Champion	
				Long Jump	Runner Up	
			Lesley Lauritsen	Pole Vault	Runner Up	
			Brittany Wilkins	Discus	Champion	
				Shot Put	Champion	
			Megan Hansen	Triple Jump	Runner Up	
				400 Relay	Runner Up	
				1600 Relay	3rd	
				3200 Relay	3rd	
Bennington Invite	Champion		Conference	Champion		
Brittany Wilkins	Discus	Champion	Jessica Morrison	1600 meters	Champion	
	Shot Put	Champion	Brittany Wilkins	Discus	Champion	
Abbie Maas	Long Jump	Champion				
Lesley Lauritsen	Pole Vault	Champion				
Arlington Invite			Districts	6th		
			Christy Miller	Pole Vault	4th	
			Lesley Lauritsen	Pole Vault	5th	
			Brittany Wilkins	Discus	Champion	

				Shot Put	Champion	
			Jade Schmidt	Discus	5th	
				Shot Put	6th	
			Jessica Morrison	1600 meters	6th	
				3200 meters	Champion	
			Cristina Schrode	r 100 Hurdles	4th	
				300 Hurdles	6th	
				400 Relay	6th	
State	15th tie	10 points				
Brittany Wilkins	Discus	4th				
	Shot Put	3rd				
Jessica Morrison	3200 meters	DNP				
Cristina Schroder	100 Hurdles	DNP				