

Arlington Public Schools Breakfast/Lunch Menu

October 2018

Breakfast Choices: Entrée, yogurt, cereal, 2 slices of toast, fruit and juice, choice of milk daily.

Lunch Entrée Choices: Hot Entrée or Yogurt w/Cheese Stick. Fruit/Vegetable Bar offered daily. Choice of milk daily.

Mon	Tue	Wed	Thu	Fri
1 B-Omelet L-Tomato Soup w/Grilled cheese sand	2 B-Breakfast Round L-Hotdog/Rib w/Bun FFs Pretzels	3 B-Pancakes L-Pizza Corn Breadstick	4 B-Taco To Go L-Pulled Pork Sand FFs	5 B-Cooks Choice L-Corndog Green Beans Cookie
8 B-Breakfast Bar L-Chicken Sticks Cheesy Potatoes Fruit Churros	9 B-Donuts L-Sloppy Joe w/Bun Or Cooks Choice FFs	10 B-Egg Omelet L-Chicken Fried Steak Mashed potatoes/Gravy Corn Dinner Roll	11 B-French Toast L-Crispito/Corndog Green Beans Cookie	12 B-Cereal Bars L-Hot Deli Ham w/Cheese Sand FFs
15 B-French Toast L-Chic Tortillas Refried Beans Taco Chips	16 Pancake on Stick L-Hamb/Chsbgr FFs	17 B-Omelet L-Cavatini Green Beans Dinner Roll	18 B-Breakfast Pizza L-Chic Tenders/Spicy Tenders Cheesy Veg Cookie	19 B-No School L-
22 B-Egg Omelet L-Quesadilla Corn Bread Stick	23 B-Scrambled Eggs L-Chic Nuggets Baked Beans Butter Bread	24 B-Pancakes L-Gen Tso's Cal Blend Veggies Rice Fortune Cookie	25 B-Bacon Egg Round L-Pork Tend/W Bun FFs	26 B-Cooks Choice L-Chic/Fish Sand Green Beans Sun Chips
29 B-French Toast L-Popcorn Chic Baked Beans Bugbites	30 B-Bacon Egg Toast L-Cooks Choice	31 B-Egg Omelet L-Pizza Witches Vampire in Coffin Skinny Bones Monster Cookie		All Menus subject to change.

This institution is an equal opportunity provider.